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Wednesday, April 25, 2012



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Alberta Premier and Progressive Conservative Leader Alison Redford speaks to the media in Calgary on Tuesday following her majority win in the provincial election. See page 3 for more coverage. JEFF MCINTOSH/THE CANADIAN PRESS

Prof: Redford needs to 'clean up her own act'

Back to work.

New session of legislature planned before summer as controversies remain for incumbent Tories



JEREMY NOLAIS

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Alberta's premier will have little time to rest, with another session of the legislature announced Tuesday and numerous controversies to sort out, says a political scientist.

Alison Redford and the ruling Progressive Conservative

party charged to a commanding majority win in Monday's provincial election, picking up 61 of 87 seats.

But on Tuesday, Redford went right back to business, calling for another session of the legislature before summer and pledging to sort out confusion over the status of Asia envoy Gary Mar and the "no meet" committee.

"We will be making some decisions over the course of the next couple of weeks with regard to the other issues we need to decide together around cabinet, legislative scheduling," Redford said.

Keith Brownsey, a political science professor at Mount Royal University, said the sooner Redford acts on matters dogging her party, the better.

"She has to clean up her own act, would be the best way to put it," he said.

Questions also linger about promises made by Redford both before and during the election, including plans to establish 140 new family-care clinics and 50 schools. There is also the matter of the polarizing impaired-driving legislation that has drawn sharp criticism from civil rights advocates.

Nevertheless, Brownsey said the Tories have been handed a commanding majority — something which the premier hinted Tuesday she expected all along.

"I'm not as surprised as everybody else," Redford said when asked about Monday's win.

Family pleads for justice

But worries it might never come for murdered son PAGE 4

Explosion in Prince George

One man is dead after blast at B.C. sawmill PAGE 8

Your Disney family fantasy

Cruises the most wonderful places on Earth PAGE 25



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Unpredictable

Election a big loss for pollsters?

Alison Redford says her Saskatchewan counterpart Brad Wall put it best when he summed up the Alberta premier's pollster-defying win in the provincial election.

"He said when political parties start negotiating with pollsters now, they may ask for the Alberta discount," Redford said Tuesday in her first news conference after her victory.

Just hours earlier, her Progressive Conservatives took 61 of 87 seats and 44 per cent of the popular vote to sweep aside a Wildrose party threat and win a 12th consecutive majority government.

The polls had predicted that Redford's PCs were finally heading to the scrap heap after governing Alberta for almost 41 consecutive years. Many had the results flipped with the Wildrose in the neighbourhood of 40 per cent support.

The stunning win has raised questions on the reliability of polls, the methodology behind them and their proliferation in the Alberta campaign.

Redford said she never believed in them. After all, they are just one snapshot in time.

"All of the questions that so many of you asked me based on a lot of those polls didn't reflect either what we were seeing or what I was hearing or feeling," she told reporters in Calgary.

It was left to the academics to grapple with the disparity.

"The polls were fine. They just didn't do enough of them," said political scientist Keith Brownsey with Mount Royal University in Calgary. "There was a (late-stage) trend toward the Conservatives and it didn't measure that."

THE CANADIAN PRESS

Heat. Caution urged to prevent grass fires

Provincial officials are asking Albertans to take added precautions after a string of grass fires in recent weeks in the Calgary area.

High temperatures and a lack of precipitation have created prime conditions for flames to spread quickly, said wildfire information officer Heather Hawkins.

"It is that time of year," she said.

"We really want people to take extra caution ... we haven't called a provincial fire ban but there is that possibility."

Last year, the southern Rockies area of the province, which encompasses all forest protection areas around Calgary but not the city itself, saw 231 wildfires from April to October that burned across 90 hectares.

JEREMY NOLAIS/METRO

Bylaw boss. Campaigning is over — time to clean up

City bylaw officials are reminding provincial election candidates and their volunteers to pack up their signs.

Head of bylaw services Bill Bruce says Calgary campaigns have until 8 a.m. Wednesday to comply with the city bylaw to remove the signs from any public location.

"If they don't, we will clean it up and bill them," Bruce said.

He added that parties are

generally compliant with post-election cleanup procedures.

Bruce said complaints over election campaign signs were minimal in comparison with past years.

Edmonton has a similar bylaw, but candidates there will have until Thursday morning to clear up signs.

Calgarians who see signs still out Tuesday can phone 311 to report them.

JEREMY NOLAIS/METRO

Wildrose needed more urban appeal: Smith

Reflection. Party leader says they could have 'done a better job' of courting Calgary, Edmonton mayors



JEREMY NOLAIS

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Hindsight is 20-20, but Wildrose candidates could have done a better job appealing to Alberta's major centres on the provincial election trail, leader Danielle Smith said Tuesday.

The party did pick up 17 seats in Monday's ballot, which was enough to serve as official opposition to the elected Tory government but far short of projections by many pollsters and analysts in the days leading up to the vote.

Furthermore, Wildrose will only send two MLAs to the legislature from Calgary — no more than they had coming into the election — and none from Edmonton.

"We did come a strong second in nearly every other Calgary riding," Smith said.

Positions

- Danielle Smith singled out her party's positions on conscience rights, climate change and plans to create an Alberta Pension Plan as items that faced a great deal of push back from voters.
- When the legislature reconvenes sometime before summer, Smith will journey to Edmonton for her first session as a sitting MLA after winning her Highwood riding Monday.

"We were trying to appeal to families ... I think we could have actually done a better job explaining to the mayors of Calgary, Edmonton and the community what it is we have to offer."

During the last week of campaigning, both Calgary Mayor Naheed Nenshi and Edmonton Mayor Stephen Mandel publicly criticized comments made by Wildrose candidates regarding race and gay rights.



Wildrose Leader Danielle Smith delivers a concession speech to supporters who gathered in the Highwood riding on election night Monday. DARREN KRAUSE/METRO



NEWS

On the web

Ruff life in rehab

Four-legged victims of disasters, dogfighting operations and puppy mills are now being given a second chance. The American SPCA has set up a rehab centre for rescued furry friends. Watch the video at metronews.ca.

A 'hole' lot of trouble

A young girl plunged about seven metres after a hole opened up beneath her feet as she walked on the sidewalk. The shocking footage was captured on a security camera in China's Shaanxi Province. Watch at metronews.ca.

Mobile news



Two men have been arrested after a dangerous booby-trap was found on a Utah hiking trail. A 20-pound spiked boulder was rigged with trip wire to swing at head level. Scan the code for the story.

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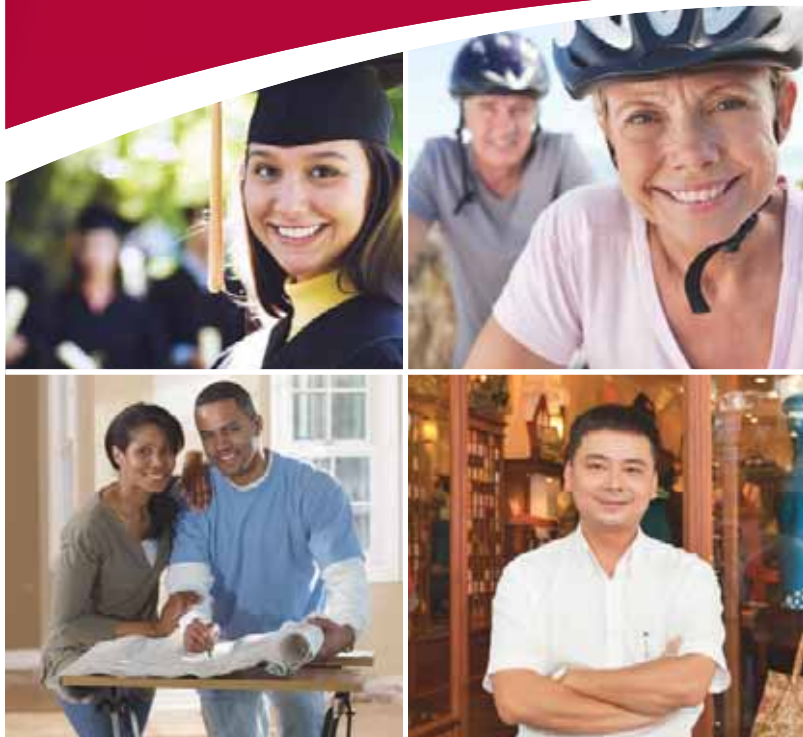
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Didier Landa holds up a photo of his son, Orphee, who was murdered and left in a ditch one year ago. JEREMY NOLAIS/METRO

Family fears justice may never come

Case remains open. Father of slain Calgary man says suspect in death was himself killed a few months later



JEREMY NOLAIS
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Orphee Landa was always there to lend a hand or console a friend.

His family fears it was those exact qualities that led to his murder, and now worry they may never learn who's responsible.

"To me, it feels like somebody's being protected," said father, Didier Landa.

It has been one year since 25-year-old Orphee mysteriously left his south Calgary

The victim

- Orphee Landa was studying business at Mount Royal University at the time of his death.

home in the middle of the night and climbed into an awaiting vehicle.

His family never saw him alive again — Landa's body was discovered a few days later in a ditch along 242 Avenue, just west of 80th Street near Okotoks.

Didier said the only suspect ever identified to him by RCMP investigators — a 26-year-old man — was himself the victim of a homicide last September.

The distraught father has repeatedly attempted to gain more information from investigators — including an aut-

opsy report he believes will provide a measure of closure — but has been met with resistance.

RCMP have not publicly identified the 26-year-old as a suspect, and Sgt. Patricia Neely said investigators are limited in what they can disclose as the case remains open.

"Certainly we welcome anyone with information to come forward," she added.

Orphee's younger brother, Francis Landa, who answered the door the night his sibling disappeared and claims it was the suspect on the other side, said he believes there are still killers walking free.

"My brother would have never left if it was just (the suspect) — they didn't get along," he said. "Someone else was there."

"It was a setup," Didier alleged.

Twitter chat today

AHS tweets to encourage organ donation

Alberta Health Services will be reaching out to Albertans through Twitter to discuss the importance of organ and tissue donation.

AHS (@AHS_Innovates) will be hosting a Twitter chat Wednesday between 1 p.m. and 2 p.m. with transplant surgeon and AHS director for the division of transplantation Dr. Norman Knetman, who will be sharing information and answering questions.

Participants can follow along via the @AHS_Innovates account or the hashtag #NOTDAWAB.

METRO

Fundraiser. Local marathon man shoots to set a new lacrosse record

He might be the only person to set a record in a sport he's never played.

Cochrane resident Martin Parnell ran 250 marathons in 2010, took part in setting the record for the longest netball game in 2011 and will shoot to play lacrosse for 24 hours this weekend.

"I've never played a game before," said Parnell with a chuckle. "It's a tough old game."

Much like his successful attempt to play 61 hours of netball, Parnell has only practised playing lacrosse recently, even getting some lessons from the Roughnecks' Geoff Snider.

Parnell has set a goal to raise \$1 million in five years for the organization Right to Play, and hopes to raise \$50,000 towards that goal when he and 45 others commence a day-long game at the South Fish Creek Recreation Complex arena.

The lacrosse game begins at 7 p.m. on Friday and ends at 7 p.m. Saturday.

KATIE TURNER/METRO

Exclusively online

For more local news, visit metronews.ca



Where is Frankie-Anna Pinay? Missing teen from Saskatchewan may be heading to Calgary

The Mounties are searching for missing 16-year-old Frankie-Anna Pinay of Cupar, Sask., and she may be heading toward Calgary.

Southey/Strasbourg RCMP say Pinay was reported missing Monday afternoon by her family.

She was last seen wearing dark blue jeans and a blue

and white zip-up hoodie with DC shoes.

Her family believes she may be driving a grey 2007 Saturn Vue with the Saskatchewan licence plate 913 HVV.

Anyone with information is asked to call Crime Stoppers at 1-800-222-8477.

METRO



Sixteen-year-old Frankie-Anna Pinay may be driving a grey 2007 Saturn Vue, her family believes. She was last seen wearing a white zip-up hoodie. RCMP HANDOUT

World took notice

Viral video on warlord Kony runs out of steam

A viral video that inspired millions lost steam locally, says one organizer.

Last month, Invisible Children released a YouTube video about Ugandan warlord Joseph Kony, asking people to "Cover the Night" with posters of Kony.

Calgarian Ashley Marshall organized a fundraiser for April 27.

But after the video's release, Invisible Children's co-founder Jason Russell was detained for allegedly masturbating in public.

The April 27 Calgary event was cancelled.

KATIE TURNER/METRO

Shoppers panicked

Calgary woman jailed 3 years for food tampering

Citing disregard for public safety, a judge sentenced a Calgary woman to three years behind bars Tuesday for injecting needles, pins and other objects into food products in 2010.

According to reports, Tatyana Granada, 45, served in her own defence during the sentencing hearing.

The food-tampering incidents, which took place at the Oakridge Co-op, caused a great deal of panic for grocery shoppers at the time, according to reports.

METRO



Police Chief Rick Hanson helps honour Hate Crime Awareness Day at Faithful Companions of Jesus Christian Life Centre on Tuesday. CANDICE WARD/FOR METRO

Calgary working to wipe out hate

Battle against the H-word. It's about making city a better place, chief says

Making Calgary an inviting city for all was the message from Calgary Police Chief Rick Hanson and Human Rights Commissioner David Blair Mason as Hate Crime Awareness Day was pro-

claimed Tuesday.

"(It is) about making Calgary a better place for everybody," said Hanson. "We have a long way to go to make sure everyone feels comfortable."

Because of Alberta's position in Canada's economy, Hanson said it is important to welcome those who choose to come and live and work in Alberta and to make this province hate-free.

A hate crime is any criminal offence committed

Nenshi acts

Mayor Naheed Nenshi proclaimed Tuesday as Hate Crime Awareness Day, to mark the seventh annual National Victims of Crime Awareness Week, running from April 22 to 28.

against a person or property that is motivated by the suspects' hate, prejudice or bias against an identifiable group.

Hate can be centred on real or perceived race, national or ethnic origin, language, colour, religion, sex, age, mental or physical disability and sexual orientation.

The Alberta Hate Crimes Committee also released an online community resource toolkit Tuesday that will help communities create an action plan against hate.

"It will be of great assistance," said Mason.

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Summit. Nobel laureates meet to discuss peace

Poverty, a lack of education and arms proliferation present daunting obstacles, yet peace can be achieved if world leaders are more willing to talk and young people are encouraged to get involved, Nobel Peace Prize winners said at their annual meeting.

Former U.S. president Jimmy Carter and ex-presidents Mikhail Gorbachev, of the former Soviet Union, and Lech Walesa, of Poland, were among the Peace Prize winners in Chicago for the start of the three-day World Summit of Nobel Peace Laureates.

The summit runs through Wednesday and comes just weeks before Chicago hosts

U.S. President Barack Obama — himself a Nobel Peace Prize winner — and foreign leaders for the NATO summit, a meeting that is expected to draw large numbers of anti-war protesters. Obama did not attend Monday's meetings.

Actor Sean Penn on Wednesday will be presented with the 2012 Peace Summit Award for his work in Haiti.

Carter said that, as the last global superpower, the U.S. has a responsibility to be a leader in peace efforts and set an example to the rest of the world. Instead, he said, the U.S. is "too inclined to go to war" and is contemplating going to war again, "perhaps in Iran."

THE ASSOCIATED PRESS

Europe

Headscarf laws dangerous: Report

European laws governing what girls and women wear on their heads are encouraging discrimination against Muslims and against a religion that has been part of

Europe's fabric for centuries, Amnesty International says in a new report. Extremist political movements targeting Muslim practices for criticism have grown in several European countries — as witnessed by French far-right leader Marine Le Pen's strong showing in presidential elections this week.

THE ASSOCIATED PRESS

Witnesses recall horror of Norway bombing



Confessed mass killer Anders Behring Breivik confers with his lawyer in the courtroom in Oslo on Tuesday. LISE ASERUD/THE ASSOCIATED PRESS

Trial. Police and forensic experts take stand in Breivik trial

After testifying for five days, Anders Behring Breivik listened silently on Tuesday as others described the mayhem caused by his bombing of Oslo's government district, a scene one witness described as a "war zone."

Forensic experts explained the massive injuries to four of the eight victims killed by the 950-kilogram fertilizer bomb on July 22, 2011. Breivik admits to the bombing and a subsequent shooting massacre at a Labour Party youth camp that left 69 people dead, most of them teenagers.

"More than 100 body parts were found in the government district," said Ole Morten Stoerseth, a police official tasked with identifying the blast victims.

Relatives of those killed

sobbed and embraced during the autopsy presentations. Pictures of the victims' injuries were not shown in court but distributed to the judges, prosecutors and defence lawyers as well as the psychiatrists who are examining Breivik during the trial.

Breivik claims the attacks were "necessary" and that the victims had betrayed Norway by embracing immigration.

As he has for most of the trial, now in its seventh day, the far-right fanatic remained mostly expressionless during the hearing on Tuesday. But he smiled when a security guard, who was inside the government highrise when the bomb exploded, called Breivik's motive for the attacks "totally absurd."

Describing the confusion that followed the blast, police operations leader Thor Langli said the initial reports he received suggested there were two suspects, and two other bombs about to explode.

THE ASSOCIATED PRESS

Migrants abused in Hungary: UN



In this 2008 file photo, an asylum seeker talks on a pay phone through the bars in one of the detention centres of the Hungarian border police, near the country's southern border with Serbia. BELA SZANDELSZKY/THE ASSOCIATED PRESS

They say they came to Hungary to escape brutality, war or the threat of being put to death in their home countries. Instead, they are serving untold months behind bars without ever being convicted of a crime.

Migrants who arrive from violence-ridden countries are spending up to a year languishing in detention centres.

In 2010, the government of

Prime Minister Viktor Orban adopted a policy of locking up undocumented migrants while authorities adjudicate their asylum claims. Critics, including the writers of a UN report released Tuesday, say the policy is unusually harsh and out of step with European norms and international law.

"No other country (in Central Europe) is taking such ex-

treme and harsh measures as Hungary does, and in no other country do we hear so many similar reports of abuse in detention," said Gottfried Koefner, UNHCR's representative for Central Europe.

Inmates at a detention centre in the eastern city of Nyirbator jammed up against the metal bars covering the windows at the sight of reporters

below.

"I come here for asylum, not prison!" shouted one skull-capped inmate from the second floor. Another lifted up his shirt to display a wound in his chest. "No medicine! No go to hospital!" he shouted. Other prisoners yelled that they have been beaten by prison guards and receive inadequate food supplies.

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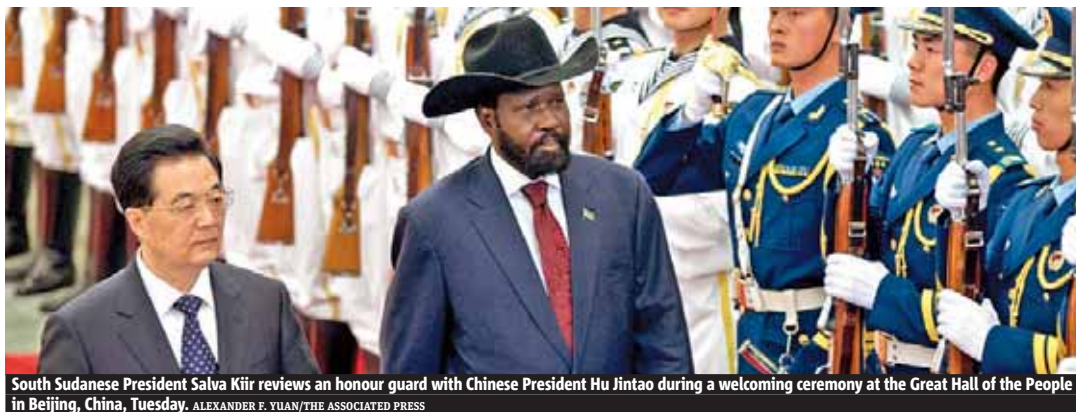
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South Sudanese President Salva Kiir reviews an honour guard with Chinese President Hu Jintao during a welcoming ceremony at the Great Hall of the People in Beijing, China, Tuesday. ALEXANDER F. YUAN/THE ASSOCIATED PRESS

Tensions rise in Sudan

Threat of war. Sudan and South Sudan have been drawing closer to full-scale war, though neither has declared it

South Sudan's president said its northern neighbour has "declared war" on the world's newest nation, just hours after Sudanese jets dropped eight bombs onto South Sudan on Tuesday.

President Salva Kiir's comments, made during a

International condemnation

"Both governments must agree to an immediate unconditional cessation of hostilities."

White House press secretary Jay Carney

trip to China, signal a rise in rhetoric between the rival nations who had spent decades at war with each other. Neither side has officially declared war.

Sudan and South Sudan have been drawing closer to a full-scale war in recent weeks over the unresolved issues of oil revenues and

their disputed border. The violence has drawn alarm and condemnation from the international community, including from U.S. President Barack Obama.

South Sudan seceded from Sudan last year as a result of a 2005 peace treaty that ended decades of war that killed 2 million people.

Sudanese President Omar al-Bashir gave a fiery speech last week in which he said there will be no negotiations with the "poisonous insects" who are challenging Sudan's claim to disputed territory near the nations' shared border.

Kiir, the southern president, arrived in China late Monday for a five-day visit to lobby for economic and diplomatic support. China's energy needs make it deeply vested in the future of the two Sudans.

THE ASSOCIATED PRESS

Conflict in Syria. Country has failed to withdraw all its heavy weapons

Syrian troops heavily shelled a suburb of the capital Tuesday, and satellite imagery showed that Syria has failed to withdraw all its heavy weapons from populated areas as required by a ceasefire deal, an official said.

The shelling came hours after rebels seeking to topple President Bashar Assad killed three regime officers in separate attacks around Damascus, activists and state media said, the latest violence targeting the security forces used by the government to quash dissent.

A bomb hidden in an army truck also exploded in

the capital, wounding several people. The persistent bloodshed has tarnished efforts by a UN team of observers to salvage a truce that started to unravel almost as soon as it began on April 12. Despite the violence, the international community still sees the peace plan put forward by envoy Kofi Annan as the last chance to prevent the country from falling into civil war — in part because there are no real alternatives.

Despite the bombardment, UN monitors visited the restive Damascus suburb of Douma on Tuesday, their second visit in two days.

THE ASSOCIATED PRESS

Libyan war

NATO partly to blame for deaths: Rights group

A European rights watchdog has blamed NATO, Libyan authorities and smugglers for the deaths at sea of 63 people fleeing the Libyan war in March 2011 —

a charge the military alliance is disputing.

The Parliamentary Assembly of the Council of Europe said Tuesday that NATO in particular "failed to react to distress calls" from the boat carrying the refugees in part of the Mediterranean Sea under its control. The victims included citizens of Ethiopia, Nigeria, Eritrea, Ghana and Sudan.

THE ASSOCIATED PRESS



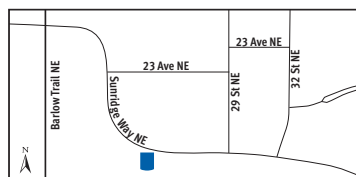
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London marathon. Woman's death inspires donations to charity

The death of a runner in the London marathon has inspired a flood of donations to the charity she supported.

Claire Squires, who ran to raise money for the Samaritans, which works to prevent suicide, collapsed Sunday near the end of the course. The cause of her death has not been determined.

By late Tuesday, donations made through her JustGiving.com web page had passed 412,000 pounds (\$664,000 US).

Squires, a 30-year-old hairdresser from North Kilworth, England, had climbed Mount Kilimanjaro with a friend last year to raise 1,500 pounds (\$2,400) for the Royal Air Force Association.

The Samaritans said donations will go into a tribute fund in Squires' name.

Chief executive Catherine Johnstone said the charity had been "overwhelmed" by the public response.

"This is an incredibly sad time for Claire's family and all those who knew her," she said. "We desperately



Claire Squires HANDOUT

wish that it was not under these circumstances but we have been overwhelmed by the response from people donating in Claire's memory."

Friends also paid tribute to Squires as a person committed to helping others.

"Claire was larger than life, fun-loving, bubbly, happy, cheerful, kind, giving, thoughtful," said Victoria Hauser. "She was just the most amazing person in the world — the best friend I have ever had."

THE ASSOCIATED PRESS

Kony remains elusive

An Internet campaign that's gone viral aims to capture notorious rebel leader Joseph Kony, but Ugandan foot soldiers who have spent years searching for the man are starting to ask a question their top commanders prefer to ignore: is it possible he is dead?

Ugandan army officials say the Lord's Resistance Army leader is alive and hiding somewhere within the Central African Republic. Rank-and-file soldiers, however, say intelligence

on Kony is so limited that if he dies, or is already dead, his foes might never know and could wind up chasing a ghost through this vast Central Africa jungle.

In interviews last week with an Associated Press reporter who trekked with them in the jungle, soldiers in one of many Kony-hunting squads said their task in the Central African Republic could no longer be described as a manhunt.

THE ASSOCIATED PRESS



Ugandan soldiers hunting for fugitive warlord Joseph Kony receive a briefing from their commander. RODNEY MUHUMUZA/THE ASSOCIATED PRESS

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What happens in Vegas gets healed in Vegas

Emergency medical technician Debra Lund, right, checks the flow of an IV bag as EMT Stacey Kreitlow, second from left, takes the blood pressure of a patient and Dr. Jason Burke, third from left, and nurses assistant Crystal Willis look over his medical history while on Burke's Hangover Heaven bus in Las Vegas. Burke treated 16 patients on the first day of his mobile treatment centre for tourists who spent the night before taking in all the nightlife Las Vegas has to offer. For a fee, they get a quick morning-after way to rehydrate, rejuvenate and resume their revelry.

JULIE JACOBSON/THE ASSOCIATED PRESS

Sex

Scientist confirms the G-spot

For years, researchers have

debated the G-spot's existence in medical journals, but no one went as far as Adam Ostrzenski, a retired doctor who conducted a "stratum by stratum anterior vaginal wall dissection

on an 83-year-old cadaver."

His study is the first to confirm the anatomical existence of the alleged pleasure zone inside the vaginal canal.

TORSTAR NEWS SERVICE

Romney shifts platform to appeal to independent voters

Primaries. Romney embraces more liberal stance on immigration, student loans

Mitt Romney is shifting from the deep conservatism he displayed before wrapping up the Republican presidential nomination toward a more centrist platform — an effort to appeal to independent voters who will decide whether he or President Barack Obama wins in November.

With main challenger Rick Santorum leaving the Republican contest earlier this month, Romney easily swept the primaries in five states Tuesday, marking a symbolic closure of the party's nomination process.

As voters in New York, Connecticut, Delaware, Rhode Island and Pennsylvania cast ballots, the former Massachusetts governor will return to New Hampshire, the state where a sweeping primary victory in

January set him on the path to the nomination.

Romney plans a speech his aides say represents a definitive pivot away from the primary contest and toward the campaign against Obama.

Romney was drawn to the right on issues like immigration as he fought off challenges from other Republicans. On Monday, he signalled he was considering a wider range of immigration policies, including a proposal from Sen. Marco Rubio of Florida that would allow some young illegal immigrants a chance at visas to stay and study in the U.S. while denying them an opportunity to become citizens.

Romney on Monday also expressed his support for a temporary extension of lower interest rates for student loans.

That came just as Obama, who also supports the extension, embarked Tuesday on a tour through college campuses in North Carolina, Colorado and Iowa — three states strategically important to his re-

Friends and foes

As Romney forges ahead in the primaries, other candidates reconsider stances

- **Rick Santorum.** While he once said Romney was worst Republican to face Obama, Santorum now expects to endorse him.

- **Newt Gingrich.** For the first time, Gingrich appears ready to reassess campaign — after the Florida race in August.

- **Ron Paul.** Despite not having won a primary, Paul is adamant he is the superior competitor to Obama due to his strong debating skills.

election bid. The states could swing to Romney and help decide a close 2012 election.

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Hey look, it's the friendly death guy



Downtown Eastside avenger. Thanatos celebrates five years of costumed community work



MATT KIELY
Metro in Vancouver

Page 1, panel 1. "These streets have a lot of stories to tell." Every corner, every nook and cranny in Vancouver's Downtown Eastside has a history. Tales of tragedy, legends of love, anecdotes of apathy, chronicles of compassion. Each person has a role to play.

Panel 2. The dark silhouette of a trench coat and brimmed hat enters the frame. Only the figure's green skull — death itself — is visible. The shadowy figure ominously reaches into a sack, grabs something and slowly takes his arm out to reveal ... a sock.

"Hey, how are you doing?" the costumed man cheerily asks. "Would you like a pair of socks? They're free!"

Enter Thanatos, the friendliest incarnation of the Grim Reaper you'll ever find, Vancouver's very

own real-life charitable superhero.

This is his story. For the last five years, Thanatos — a 63-year-old professional, husband and father in his "real" life — has been strolling through the Downtown Eastside, handing out clothing, blankets, food and water to residents in need.

Like his comic-book heroes, his driving desire to dress up and patrol the area is driven by an overwhelming desire to make the world a better place, right wrongs and lend a helping hand to his community.

"I don't come from Krypton and wasn't bitten by a radioactive spider or anything like that," Thanatos, named after the Greek god of death, says of his origin story.

"I was working downtown, trying to help out on the streets, and noticing a lot of things happening ... people living and dying on the streets."

"I was told by a police officer that some people on the street had nothing better to look forward to than death. That really stung, that really hurt me," he said, a slightly high-pitched voice barely muffled through the fabric hood. "So I said, 'If that's the case, then death better get out there and start taking care of these people.' I developed this persona to go out there and help."

He's been going strong ever since, garnering international media attention while using his unique — some say crazy — approach to giving back to shine a light on the poverty and social issues afflicting one of Canada's most infamous and misunderstood neighbourhoods.

Residents' reaction

Writer Nadia Fezzani visits the Downtown Eastside to find out what people think of Thanatos.

- Once on Hastings, I walked along a couple of blocks where there were lots of people. Some were selling drugs; others appeared to be selling stolen goods. I asked if they knew who the man who represented death was. Although some of them didn't know his name, many people knew but did not

want to talk about him.

- One of the few who would speak about him was selling goods from a blanket spread out on the sidewalk. I asked her if she knew the superhero. "Yes," she said nervously. Watching her surroundings, she told me Thanatos was a very nice man but that she didn't really know much about him. As I was leaving, a few men approached me to tell me how amazing a man he is.

His biggest claim to fame was a starring role in the 2011 HBO documentary *Superheroes*, which profiled some of the 400 Real-Life Superheroes operating throughout North America.

If local residents don't notice Thanatos from his adventures in the area, they've seen him on TV.

In fact, two fans had one such encounter on the hero's recent stroll through the DTES with Metro.

"You're awesome," said a stranger with long, ratty hair and a teardrop tattoo under his eye. "Keep up the good work."

A quick fist bump and Thanatos was back at delivering socks into the hands of people cowering under archways, door portals and bridge underpasses on a typical rainy day.

Onlookers laugh, passing motorists slow down for a look and camera phones are whipped out when Thanatos is near.

He's a draw, but it's not about him.

"It gets the attention where it's needed," the masked avenger says. "By using this persona, I've been able to spread the word about what's going on down there; I've been able to get more aid in the area. I'm asked by reporters if it actually works, and it's like, 'Well, you're here talking to me right now,' so it's obviously working."

And like any of his fictional heroes, Thanatos' work is never done.

"I'm an average person that just wants to do something and make a difference. People want to know what Real-Life Superheroes are all about," he says. "Apathy is the biggest killer out there. That's what we do: We fight apathy. We get people involved and we inspire them."

Final panel. The shadowy figure fearlessly runs toward his next adventure. To be continued.

60 seconds

An interview with Thanatos Necrium

Why did you choose Thanatos, or death, as your superhero character?

I've been doing this for a little more than four years. I've always been someone to get involved. I worked on my own down on Hastings Street and with small groups, trying to help out with the homeless with handouts and counselling and to point them in the right direction. It was very difficult, and I couldn't get anyone's attention. Nobody wanted to listen. One day, a police officer told me, "You know, people on the street really have nothing bet-

ter to look forward to other than death." And that really stunned me. So I said, "If that is the case, then death is going to have to get out there and start taking care of these people!"

Does the mask have an impact on people?

I am drawing attention. Social workers see these people in the morning, and people don't remember them by the afternoon. Me, they remember. They remember the crazy guy with a mask out there helping and that's all I care about. I've had people from France, from Germany, from all over the States come to talk to me because I put on a mask and I'm drawing attention to a problem. Nobody wants to talk to me, Joe Blow. But they'll listen to Thanatos. There are people who



say this is an ego trip. If this were an ego trip, would I hide behind the mask?

As a Real-Life Superhero, what do you do, exactly?

I'm an extra set of eyes and ears for the police. I help the homeless on the street with handouts of blankets, food, simple things like a loaf of bread, sometimes something as

simple as human touch and companionship. I keep an eye on them and I draw attention to the plight of people who fall through the system and end up on the streets. In my city alone I've probably reached out and touched 600 people.

NADIA FEZZANI/FOR METRO

TO READ THE FULL INTERVIEW, VISIT METRONEWS.CA/FEATURES

In Metro Thursday

- Super villains vs. superheroes:** Who are super villains and what role do they play?

More at metronews.ca

- Video:** Real-Life Superhero Thanatos tells his story. Metro Vancouver reporters followed Thanatos on a rainy afternoon as he patrolled the gritty streets of Vancouver's Downtown Eastside.
- Slideshow:** The women among the Real-Life Superheroes.



Vancouver Real-Life Superhero Thanatos. PETER TAYLOR



Putting the 'her' in superheroes

Currently, there are about 15 female Real-Life Superheroes in North America. Most of them work with a team or as one half of a couple, but some of them also act on their own

Red Light. Street patrol

Red Light was only 15 years old when she decided to make a difference by volunteering at an elder-care facility. At 17, she was doing homeless outreach. Six months ago, she started to patrol almost every night, sometimes 12 hours at a time. Today, she still patrols 15 to 20 hours a week.

Working alone, she has to be careful with her actions. For example, she helps people by talking down a dispute or finding rides for those who are too drunk to drive. When the situation is too risky, she serves as an extra set of eyes and ears, and calls authorities when she witnesses suspicious activities or mistreatment of animals.

She decided to start working toward her EMT certification after trying to rescue a man suffering from a heroin overdose. "Many of my other skills were picked up through experience. I learned how to fight by necessity. I learned vigilance by being different. I learned to stay calm in a crisis by conditioning," explains Red.

Growing up, she was subject to sexual abuse and domestic violence. She was also diagnosed with a malignant tumour in her stomach at 28 years old. It took her five years to get the necessary funds to



Red Light NADIA FEZZANI/FOR METRO

go through her operation. She has become aware of her own mortality. "I feel like I've already been given extra time, so I'm not afraid of dying. Every day is another chance to make things better."

Now, with her red hair past her knees, she plans on donating it to Locks of Love, a non-profit organization that takes human-hair donations and creates wigs for young chemotherapy patients.

"Life is only as bad as you let it be. It's easy to forget how much we have when it feels like we have to fight so hard to keep it. It hasn't stopped me from being kind to people. I still patrol. I still help others. Anyone can do something. Anyone." NADIA FEZZANI/FOR METRO

Purple Reign. Night crime

For more than a year, Purple Reign was abused by her boyfriend — physically, emotionally and mentally. One night, when she was given permission to go out with friends — which didn't happen very often — Reign returned home to find her boyfriend angry and belligerent.

He attacked her.

"I told him I was going to call the police. I tried to escape and he kept coming after me," she says.

She threw open the door, yelling, hoping someone in the condo complex would hear her. No one came to her aid.

"He was choking me and banging my head against the floor. I started to lose consciousness and I couldn't breathe. I just gave up because I felt so low to begin with. I was finished fighting."

Finally spent, her boyfriend stopped hitting her. With the help of a domestic-violence lawyer, she kicked her boyfriend out and moved right



Purple Reign RYAN MCNAMEE/FOR METRO

away so her ex couldn't find her.

Within in a year, she met with Real Life Superhero Phoenix Jones and engaged in a healthy and loving relationship with him. She patrols with the Rain City Superheroes, a group of heroes from Seattle who fight crime at night.

She has since founded the non-profit Purple Reign Campaign — purplereigncampaign.org — through which she raises funds for the Northwest Family Life non-profit organization. They help victims of domestic abuse by proving them with education and assistance.

NADIA FEZZANI/FOR METRO

Women heroes

LORI FUSARO/FOR METRO



1 The Handler. Los Angeles

The owner of a dog-training school searches for strays animals and finds them new homes.

2 KatWoman. Cleveland

With the Underground Justice League Alliance, KatWoman engages in crime prevention and homeless outreach and helps locate missing people. A registered nurse, she also provides first aid to the injured.

3 Rock N. Roll. San Francisco

Rock N. Roll donates and distributes food and clothing to the less fortunate. She collects syringes in a public area frequented by intravenous drug users. She is the co-founder of the California Initiative and the S.T.A.N.D. news site.

4 Misery White. Minneapolis

Misery White champions anti-bullying, domestic-violence and child-abuse education and prevention programs. She also advocates for shelters, food banks and homeless outreach.

5 Crimson Catalyst. Chicago

Crimson Catalyst, a model and stage performer, patrols the streets and distributes food and supplies to the homeless. All of the meals are prepared by her.

NADIA FEZZANI/FOR METRO

Online filing cabinet. Google unveils digital content-storage service

Google is hoping to build the world's largest digital filing cabinet in the latest attempt to deepen people's dependence on its services.

The Internet search leader's latest product stores personal documents, photos, videos and a wide range of other digital content on Google's computers.

By keeping files in massive data centres, users will be able to call up the information on their smartphones, tablet computers, laptops and just about any other Internet-connected device.

Google Inc. announced the long-rumoured service on Tuesday. Called Google Drive, the service is offering the first five gigabytes of storage per account for free. Additional storage will be sold for prices starting at \$2.49 US per month for 25 gigabytes up to \$49.99 US per month for one terabyte.

Google Drive is initially available for installation on Window-based computers, Mac computers, laptops running on Google's Chrome operating system and smartphones powered by Google's Android software.

Competitor

While San Francisco startup Dropbox Inc. has emerged as the early favourite among consumers, another startup called Box Inc. has carved a niche by offering online storage for businesses.

- Box has raised \$162 million US in venture capital and boasts about 120,000 companies as clients.

A version compatible with Apple Inc.'s iPhone and iPad is due in the next few weeks.

It may be several weeks before Google Drive is available throughout the world.

The new service represents Google's attempt to muscle into a market that is turning into the Internet's version of storage wars. It comes nearly five years after word first leaked out that the company was developing an online file storage service, then called Gdrive, that never came to fruition.

THE ASSOCIATED PRESS

Market Minute

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Tycoons announce cosmic mining venture

10-year plan.

Filmmaker James Cameron, Silicon Valley titans look to space to extract minerals

Space-faring robots could be extracting gold and platinum from asteroids within 10 years if a new venture backed by two Silicon Valley titans and filmmaker James Cameron goes as planned.

Outside experts are skeptical about the project, announced at a news conference in Seattle on Tuesday, which would likely require untold millions, or perhaps billions of dollars and huge advances in technology. But the same

Beginning the process

"It's the stuff of science fiction, but like so many other areas of science fiction, it's possible ... making them reality."

Thomas Jones, former astronaut



Planetary Resources mechanical engineer Peter Illsley puts finishing touches on a prototype model of a low-orbit spacecraft on Tuesday in Seattle, with the plan to mine nearby asteroids such as the near-Earth asteroid Eros, inset.

ELAINE THOMPSON/THE ASSOCIATED PRESS



entrepreneurs pioneered the selling of space rides to tourists — a notion that also seemed fanciful not long ago.

"Since my early teen-

age years, I've wanted to be an asteroid miner. I always viewed it as a glamorous vision of where we could go," Peter Diamandis, one of the

founders of Planetary Resources, said at a news conference at the Museum of Flight in Seattle. The company's vision "is to make the resources of space available to humanity."

The inaugural step, to be achieved in the next 18 to 24 months, would be launching the first in a series of private telescopes that would search for the right type of asteroids.

The plan is to use commercially built robotic ships to squeeze rocket fuel and valuable minerals out of the rocks that routinely whiz by Earth. One of the company founders predicts they could have their version of a space-based gas station up and running by 2020.

Several scientists not involved in the project said they were simultaneously thrilled and wary, calling the plan daring, difficult — and very pricey. They don't see how it could be cost-effective, even with platinum and gold worth nearly \$1,600 US an ounce.

An upcoming NASA mission to return just 60 grams of an asteroid to Earth will cost about \$1 billion US.

THE ASSOCIATED PRESS

Retail

Canada-U.S. price gap scrutinized

Canada's retailers are blaming suppliers for the large gap between their prices and identical goods for sale south of the border, despite the nearly equal value of the two dollars.

Canadian merchants are being unfairly singled out for having higher prices than their American counterparts, Diane Brisebois of the Retail Council of Canada told a Senate committee on Tuesday.

She said because Canada's population is so small in comparison, large multinational vendors can enforce a special

Canadian price for brand-name products and it can be anywhere from 10 to 50 per cent higher than in the United States.

"There are price differences between Canada and the U.S., but they are not always determined at the retail level," Brisebois told the committee.

Brisebois said Canadian retailers have no choice but to buy from the Canadian distributors of American manufacturers because they are restricted from buying in the U.S.

Canada is not the only country affected, she said. Others also face the same challenge, called "country pricing." THE CANADIAN PRESS

Britain

Novartis tries to push pricier drug on state hospitals

Swiss drug giant Novartis is taking legal action in Britain to make state-run hospitals use an eye drug that costs about \$1,120 per shot instead of a cheaper one that costs just 60 pounds \$95.

A study published in the New England Journal of Medicine last year showed Avastin worked just as well as Lucentis for treating the eye disorder.

According to Britain's health watchdog, Novartis's



The headquarters of Novartis AG in Basel, Switzerland.

GAETAN BALLY/THE CANADIAN PRESS

product Lucentis is the only drug recommended to treat the eye problem macular degeneration in the country's state-run National Health Service hospitals.

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BACK WHEN SPAM WAS SOMETHING YOU DIGESTED, NOT DELETED



JUST SAYIN'
Paul Sullivan
metronews.ca/justsaying

Did you know there's an Internet Hall of Fame?

Well, there is, and the first inductees were announced on Monday— 33 in total, 30 men and three women. One of the

women was known as Jake and another was named Mitchell. So far, Geek Valhalla is a man's world.

Oct. 29, 1969, 22:30 hours. That's when the first message was sent on ARPANET, the Internet's immediate predecessor. It was from the Nigerian foreign minister, offering the recipient \$20 million in exchange for his bank-account number (LOL).

What did we do before?

It's hard to believe that the Internet is over 40, especially because the only people who really know how to use it are 14.

there he is, one of the kids in the hall. Not for inventing the Internet per se, but coming pretty close: hailed as a "Global Connector" and helping to invent "the information superhighway," along which many a frustrated computer illiterate has become electronic roadkill.

The truth is there's not exactly one inventor of the Internet, because a bunch of old white guys flipped the switches. But the honour for the vision could go to J.C.R. Licklider of MIT, who released a paper in August 1962 on a "Galactic Network," a globally interconnected set of computers through which everyone could quickly access data and programs from any site. It was called Amazon (LOL, again).

Oddly, Jeff Bezos, the man who actually invented Amazon, isn't on the list — at least not yet — while Craig Newmark is. Newmark, of course, invented Craigslist, without which there would be no roommates or used-car sales, so I guess he's more important.

It's hard to believe that the Internet is over 40, especially because the only people who really know how to use it are 14. We've come a long way from a time when pioneers such as Vint Cerf and Tim Berners-Lee (both inductees) envisioned a global electronic village to a day when people can pump out brainless, 140-character declarations about nothing 24-7.

I mean, where would we be without Twitter, Facebook, Pinterest and Netflix? Back in the cave with Don Draper ordering three-martini, smartphone-free lunches? The first email message went out in 1972, and it went straight to my junk-mail folder along with the Viagra ads.

Imagine what it was like before that, a time before your pocket buzzed every 30 seconds and when you missed an episode of Game of Thrones you could only wait until next summer for the reruns.

Hard to imagine. Check it out: internethalloffame.org.



As we can see, the Internet has helped us to make huge technological advances. KEVIN WINTER/GETTY IMAGES

Rubber hen in space? She's no chicken!



NASA/REX FEATURES

Guinea pig

Rubber chicken flies into storm

SPACE. A plucky rubber chicken has been sent into space to study a solar storm. "Camilla" has boldly gone where no chicken has gone before, after being attached to a helium balloon and sent to an altitude of 36 kilometres.

The hen was used to test levels of radiation in one of the strongest proton storms since 2003. **METRO**

Bird in space

One powerful rubber mascot

SCIENCE PROJECT. The stunt was carried out by Bishop Union High School students in California, as part of their science project last month.

Many space enthusiasts will be familiar with Camilla, who is the mascot of NASA's Solar Dynamics Observatory, and has more than 20,000 followers on social-media websites.

METRO



Camilla's helium balloon pops. EARTH TO SKY/BISHOP CA

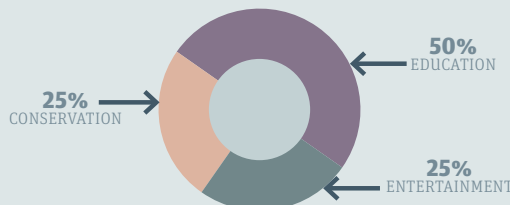
Camilla's flight

- **Scientific study.** In her two-and-a-half-hour flight, Camilla spent about 90 minutes in the stratosphere, where temperatures and air pressures are similar to those on Mars. On her specially knitted space suit, she wore a pair of radiation badges — the same kind donned by medical technicians and nuclear workers to assess their dosages.



Register at metropolitanpanel.ca and take the quick poll

What's the main purpose of a zoo?



Twitter

@erin_baird:

Beautiful day in #yyc again and even more beautiful to wake up to a non-#wrp majority :)

Don't worry, if I go down the hill I'll take the train back up. #solazy #yyc

@ErinKelsy:

We broke records yesterday.. Record high temp in #yyc and @Premier_Redford elected the first female Premier of Alberta!

@stevealdred:

Only in #yyc would you cover concrete sidewalks with asphalt

@suzannemf:

I might go outside at lunch and explore my new neighborhood.

@YYCChristian:

Stand Aside Twitter Lest You Wanna Feel Pain, You're Standing On The Tracks Of A Sexy Man Train! #BOOM #YYC

2

SCENE

Scene in brief

Seacrest staying on with Idol

Ryan Seacrest is sticking around as host of American Idol. The Fox network said Monday night that Seacrest will continue as host of the hit TV singing-competition series, over which he has presided since its premiere a decade ago. The network gave no specifics about the length of his new contract, or any monetary details. Seacrest called the show's run until now "a wild ride," and said he is excited it will continue with him on board.

THE ASSOCIATED PRESS

Brand stands up for drug addicts

Comedian Russell Brand says "love and compassion" are key to weaning addicts off drugs. Brand testified before a U.K. parliamentary committee on Tuesday about his own experience with addiction, and said society should not "discard people, write them off on methadone and leave them on the sidelines."

THE ASSOCIATED PRESS

On the web



Zac Efron brings *The Lucky One* to London for European premiere

Jason Statham doesn't stray far from his wheelhouse in his new movie, *Safe*. HANDOUT

Statham's safety zone: Guns, girls and hard glares

If it ain't broke... It may have all been done before by the action star, but his new film is likely to be a Safe bet at the box office



IN FOCUS
Richard Crouse
scene@metronews.ca

Movie tough-guy Jason Statham is either remarkably consistent or just really enjoys playing guys who can break your neck with his steely gaze. Whatever the case, when you pay your money for a Statham

flick, you know in advance what you're getting into.

In this weekend's *Safe*, the gravelly-voiced action hero digs deep into his bag of tricks to play Luke Wright, a.k.a. Statham Character #2. That's the "loner with a past who must protect a youthful innocent." (As opposed to Statham Character #1 in which he plays "a loner with a past who must protect a loved one.")

Like his other movies, *Safe* is a marketers dream. Here's a sample ad:

Body Count: 350
Bullet Budget: \$1,000,000
Jason Statham's Steely Glare: Priceless

Recently a scientific poll — OK, I posted a question on Facebook — posed this question: What makes Statham movies so popular? Here are

Jason Statham

His über-macho presence is more important than the script — as long as he is in motion, running and leaping, kicking and punching, his films work.

some of the comments:

- His Blue Steel stare puts Zoolander to shame!

- His complete lack of facial movement? It's like if Buster Keaton were an emotionless British killing machine.

- He always manages to kick someone's butt while being tied to a chair.

- Not since Don Johnson, circa Miami Vice, has an actor managed to maintain a perfect three-day stubble...

Let's face it, his movies are more than a bit predictable.

"You gotta be kidding me!" you'll be tempted to groan at some of the plot twists — if only the movie's characters didn't beat you to it.

They are cliché-a-thons, but because Statham understands his audience and persona, his films are dumb good fun. His über-macho presence is more important than the script. As long as he is in motion, running and leaping, kicking and punching, and giving voice to action-movie platitudes in his distinctive English rasp, his pictures work.

Statham has made films like *Transporter*, *Killer Elite* and *The Mechanic* over and over again. Different title, and sometimes with a big-name supporting cast (like Robert De Niro and Clive Owen) and sometimes not (*Safe* co-stars newcomer Catherine Chan), but the story of a tough guy who lives in a world where "Everybody knows the rules — there are no rules," is the common thread.

Statham, however, says he's open to showing audiences another side of his personality.

When a Huffington Post writer asked if he would make a rom-com with Reese Witherspoon he said, "Of course, I would love to do that. But my phone is right there and it ain't f---ing ringing."

Coulson: The glue that binds Marvel

Clark Gregg is probably best known for playing Agent Phil Coulson in *Iron Man*, *Iron Man 2* and *Thor*. Now Coulson is assigned the task of shepherding all the Marvel characters together for *The Avengers*. Metro sat down with Gregg to talk about what it's like being the 'weird uncle' who babysits a bunch of superheroes.

You've appeared in most of these films as the guy rounding up the team. What's it been like from your perspective?

I wasn't quite sure how I was getting to be a part of this — it seemed so surprising. Something about the character was clicking. I was doing scenes in *Iron Man 2* talking about going to New Mexico,

and finally I pulled somebody aside and said, "What's in New Mexico?" And they were like, "Nobody talked to you? You're going to be in *Thor*. You're kind of in charge in New Mexico."

Do you have a favourite Avenger?

You know, it may sound like a copout, but Agent Coulson

is not the father, certainly, of this dysfunctional family, but he is kind of like the weird uncle who babysits a lot. And I think there's a choice you make of just, "I'm never going to have a favourite." There's a special kind of snarky rapport with Tony Stark that Agent Coulson actually really enjoys.

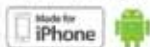
NED EHRBAR

Clark Gregg plays Agent Phil Coulson in *The Avengers*.

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Katy Perry ALL PHOTOS GETTY IMAGES

Katy spotted cuddling with Florence and the Machine guitarist

It looks like Katy Perry is moving on after her divorce from Russell Brand.

The pop singer was spotted at the Coachella music festival holding hands, cuddling and generally acting like a couple with Florence and the Machine guitarist

Robert Ackroyd, according to Hollyscoop.

Of course, Perry has also recently been linked to French singer and model Baptiste Giabiconi, with his rep going so far as to confirm their getting to know each other.



Twitter



@jimmykimmel

I had the pleasure of working with Dick Clark many times — great guy. Some trivia: did you know he HATED music?



@katyperry

When is the Sublime hologram coming to coachella?! #805



@NiaVardalos

Just back from Disneyland, sunblock wore off, my shnoz has been replaced by an eggplant.



@AlbertBrooks

I wonder if the U.S. purposely sends out crappy drones so when they're captured China & Iran get bad info?

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Celebrity fetus round-up



THE WORD

Dorothy Robinson
scene@metronews.ca

It's a slow gossip day, so let's check in with everyone's favourite subject: The uteri of the stars!

First up: Jessica Simpson, who, it should be noted, is still pregnant. (At this point, does anyone else feel like Simpson is going to be in the Guinness Book of World Records for "mammal with the longest gestation period," right next to "elephant"?)

Even the Fashion Star mentor knows this is a seemingly never-ending pregnancy: "To everyone who keeps congratulating me on the birth of my baby girl ... I'm still pregnant!!" Simpson tweeted Saturday.

"Don't believe what you read, ladies and gents."

Meanwhile, Life & Style is reporting that Drew Barrymore, who has yet to confirm her pregnancy, is, like Simpson, having a girl. A source close to Drew "exclusively revealed" the sex of the child to Life & Style.

I'd take this news with a grain of salt, folks, as no "close" friend would sell out such sacred information to a tabloid. That being said, there's a 50/50 chance that this made-up information is correct. Good job of hedging your bets, Life & Style!

And, just in case you missed it: Giuliana and Bill Rancic, whose struggles with infertility are well documented, announced Monday on Today that they are going to have a baby via a gestational carrier.

"She is giving us the greatest gift we're ever getting," Giuliana tells People of the woman whose identity has not been revealed.



Jason Segel

Segel skips the red carpet to hang with his new girl at movie premiere

Jason Segel went to great lengths to avoid the cameras and still catch the premiere of girlfriend Michelle Williams' new movie, Take This Waltz, at the Tribeca Film Festival.

The 5-Year Engagement star dodged the red carpet to "sneak through the back entrance to be there with Michelle," a source says,

according to Hollyscoop. Of course, there was no such sneaking around when it came to the after-party, where the pair reportedly packed on the public displays of affection.

"There was no mistaking that they were a couple," says a source. "They seemed very comfortable and happy to be there celebrating together."



Drew Barrymore

Baby on board: Drew celebrates pregnancy

Drew Barrymore and fiancé Will Kopelman have plenty to celebrate, what with both a wedding and a baby reportedly on the way, so this weekend was perfect for

a shower. "Everyone was doing on pregnant Drew and asking her how she is feeling," a source tells Us Weekly of the party, held at producer Leonard Goldberg's home.

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LIFE

Travel in brief

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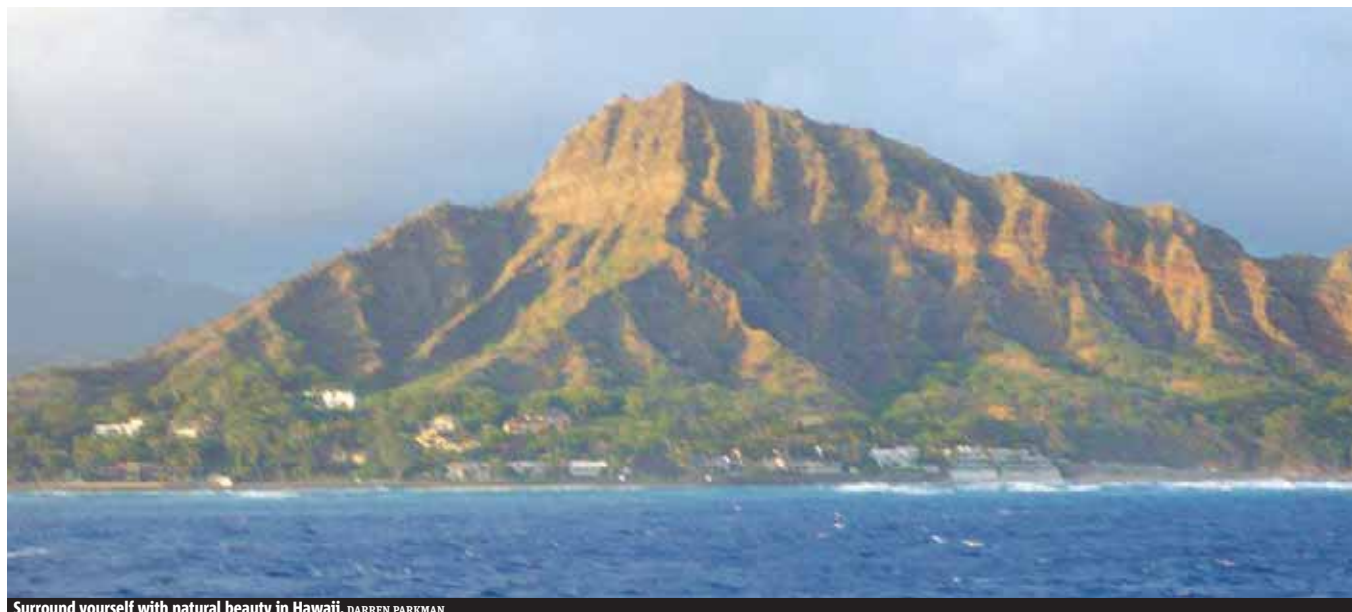
Grill some salami and baloney. Add Swiss or cheddar cheese. Slather on mustard. Put between yellow bread. What do you get? According to Travel and Leisure magazine, one of the world's best sandwiches. It's the Wilensky's Special, served at Wilensky's Light Lunch at the corner of Fairmont and Clark streets in Montreal's Mile End area. The diner was made famous by Mordecai Richler in his novel *The Apprenticeship of Duddy Kravitz* and has an ambience that, according to Frommer's, "can best be described as Early Jewish Immigrant." "Served on wax paper, the sandwich comes with rules: it always has mustard and is never halved," says Travel and Leisure. The price: \$4.99 (50 cents less without the cheese).

THE CANADIAN PRESS

On the web



Don't stay home because you lack a companion: Tips for travelling solo.



Surround yourself with natural beauty in Hawaii. DARREN PARKMAN

Oahu's underwater views something to see

Submarine fun. The Travellin' Canadian overcomes his fear of small spaces for a deep-sea adventure



THE TRAVELLIN' CANADIAN
Darren Parkman
travel@metronews.ca

Pineapples and hula dancers are one thing, but deep-sea diving in a real submarine is quite another.

Despite my gripping fear of confined spaces, I found myself signing up for an undersea submarine adventure aboard the world's largest high-tech passenger sub — the Atlantis — during a recent respite to sunny Oahu.

Claim to fame aside, the Atlantis seemed downright tiny as I climbed down the narrow staircase to take my place inside this cramped metal tomb.

Thankfully, it was fully air-conditioned, but still I was sweating profusely as we sunk lower and lower down into the depths.

But the sights soon made me forget about my cowardice. The trip is well worth its cost of \$100. The undersea scenery is nothing short of spectacular, with an abundance of intricate reefs surrounded by fascinating sea critters. Gazing through my tiny viewport, I even spied a rather large and menacing reef shark swimming towards us.

That's around the time my fear of confined spaces was replaced with my other crushing phobia — sharks. Luckily, even sharks can't bite through submarines, so all was well.

After floating by an authentic shipwreck and amazing artificial reefs, I felt like it was plenty of adventure for the price as we made our way back to the surface.

Then it was time to partake in what has become a very trendy pastime in Hawaii these

days — something called paddle-boarding.

For days, I'd seen people everywhere standing on surfboards with long paddles, riding waves and having fun. It appeared to be fairly easy. Turns out it really isn't.

Who knew you needed actual balancing skills to tackle this fun sport? So with gorgeous Diamond Head as a backdrop and paddle in hand, I hopped on my board and promptly fell in the ocean, all in one motion. Repeated attempts produced the same results.

After 19 or so tries, I actually was able to balance on the wobbly board and paddle around for a bit before again plummeting into the drink.

Turns out this paddle-boarding thing is actually quite a workout. I found just falling and climbing back onto the board multiple times was exhausting.

But that's OK — it's all part of fun on the water in Honolulu.

Aloha, baby!



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Welcome to the wonderful world of the Disney Fantasy

Family-friendly cruising. New Disney ship isn't just for kids — with a spa and fine dining, parents are also in for a good time

AURÉLIE
RESCH
life@metronews.ca

"Aaaaah!" is all I hear before I get splashed by a father and his son dropping down from a huge water slide. Clearly there's no shortage of screams and laughter aboard the new Disney cruise ship, Disney Fantasy. From "All aboard!" to "Are you ready?", your cruise will be action-packed, with plenty of activities and shows.

Action

Families and water-lovers will have a blast on decks 11 and 12 with water coasters, water sprouts, water games, two pools for children and one for adults. Get your thrills on the huge aerial slide. The AquaDuck is a one of kind — a 765-foot-long water coaster that spans four decks in height. A powerful stream of water propels guests on a little inflatable boat downhill, uphill and in various loops. Or if you feel like immersing yourself, have fun with the little ones in the shallow and warm Mickey Mouse pool. If you feel more

like getting in a few laps, move to the Donald Duck pool where you'll be swimming pretty briskly to brave the cool waters. You might want to opt for the hot tub facing the ocean after that.

Rested yet? Be ready after a hearty meal and an evening of entertainment with live Disney productions on stage, and activities, fireworks and a dance party through the night on deck 11.

Indulgence

Now, if your idea of a cruise is quiet, indulgence and refinement, be Disney Fantasy's guest. If you came as a family, drop your children at Disney's Oceaneer Club, where they will have a blast playing with other children and taking part in the hundreds of activities that are offered.

Once the kids are looked after, head to the Senses Spa and Salon for an ultimate pampering retreat. Enjoy an oasis of calm and let the rainforest saunas and water therapies relax your mind and muscles. Soak in a jacuzzi on a private veranda facing the sea while waiting for your treatment. You can choose from a variety of signature massages and treatments that will surely erase any stress and fatigue left in your body and mind.

Romance and elegance is what you will find at Remy. This upscale restaurant offers fine French cuisine in a styl-

Facts and figures

The Disney Fantasy...

- **Weights.** About 130,000 gross tons
- **Stretches.** About 340 metres in length
- **Crosses.** The width of 37 metres
- **Carries.** A capacity of 4,000 passengers

ish Art Nouveau setting with a softly-lit ambiance for a dinner to remember. The view of the ocean through the windows is breathtaking and all in this restaurant is designed to please your senses and create an intimate vibe. Palo is another fine adult-exclusive restaurant you might want to try for a taste of northern Italian flair. Also located on deck 12, it offers the same superb panorama view of the sea and an equally elegant setting.

The Tube nightclub offers partygoers the possibility to end the night shimmying on an illuminated dance floor.

A cruise for everybody

Come as a family, a couple, a group of friends or by yourself — aboard Disney's new ship, you're sure to find whatever you'd want to make your cruise memorable.



All aboard the Disney Fantasy are guaranteed to find something to suit their tastes. PHOTOS: AURÉLIE RESCH



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CEO hopes visitors will 'Revel' in new Atlantic City resort

Betting on the future. There's a lot more than just blackjack and gambling at this \$2.4 billion resort

BRIAN X. MCCRONE
life@metronews.ca

When Kevin DeSanctis began his career in Atlantic City many years ago, the CEO of the gambling mecca's new \$2.4 billion Revel resort and casino wasn't working for

casinos — he was monitoring them as a New Jersey state trooper.

His transformation into the top official at the resort town's most expensive creation ever is about as radical a makeover as the scuffling city needs from Revel to usher in a turnaround.

Its arrival comes at a time when Pennsylvania's "convenience" casinos just took over as the second-most revenue-drawing, by state, in the country. Speculation is that Atlantic City could do itself a favour in the years ahead by bulldozing a couple of its

weakest links.

(It now has 11 casinos, including Revel.)

"Casinos in Pennsylvania and New York are part of a convenience market. They've become not much different than [gamblers'] local bars," DeSanctis said of the proliferation of competition for gambling dollars.

"We believe we offer a great alternative."

The alternative Revel offers is in its "leisure" approach to entertainment. Gone — forever, perhaps? — are the days where Atlantic City's resorts catered mostly to gamblers. DeSanctis said a fundamental shift at Revel will be a new emphasis on entertainment outside of the sea of slots and blackjack tables.

In a stark contrast to its chief competitor for patrons, Borgata and its sister resort, the Water Club, Revel embraces Atlantic City's greatest natural resource.

"You can't build on the beach and turn your back to the ocean," DeSanctis said. During a tour of the property

with Revel's principal architect, Michael Prifti, who also oversaw construction of the Borgata nine years ago, the Atlantic Ocean is visible from almost everywhere in the resort.

The Revel Beach is still under construction, but will be ready by the official opening on the U.S. Memorial Day weekend in May. The current earth-moving along the northernmost stretch of the boardwalk includes creating a beach with small waves for waders and larger breakers for surfers, Prifti said.

The ocean is as dominant upon a trip around the resort as the main gambling floor itself.

"I don't think anyone appreciates having to walk through a casino to get to your hotel room," Prifti said. "What we're trying to do is make people feel that they're going to have a good time."

It's a feeling Atlantic City needs a lot more of in the coming months and years ahead if it's going to remake itself in the era of convenience gambling.



Revel embraces the ocean. PHOTOS: MEL EVANS/THE ASSOCIATED PRESS



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To register and for full contest details visit clubmetro.com.

As to Disney properties/artwork: ©Disney. As to Disney/Pixar properties/artwork: ©Disney/Pixar.

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Local ingredients shine in Squash and Spinach Frittata



This recipe serves 12. THE CANADIAN PRESS H/O

"Butternut squash is a great local food for all of Canada," says Toronto-based Christy Brissette, a registered dietitian and spokesperson for Dietitians of Canada. "The frittata is full of beta-carotene. It's also a way to enjoy some greens and get some vegetables in there."

It can be served with a green salad or a steamed green vegetable such as peas, beans or edamame. For a protein boost, sprinkle the salad or vegetable with toasted nuts or seeds.

1. Grease 33-by-23-cm (13-by-9-inch) glass baking dish. Then place squash in microwave-safe bowl and cover with plastic wrap, leaving a corner open to vent. Microwave on high for 5 minutes or until fork-tender.

Drain off excess liquid. Stir in potatoes, spinach and red onion. Spread in baking dish.

2. In a bowl, whisk eggs, milk and pepper. Pour over veg and stir to distribute. Sprinkle evenly with cheddar and feta.

Ingredients

- 1 butternut squash (about 2 lb/1 kg), peeled and cubed (1 to 1.25 litres/4 to 5 cups)
- 375 ml (1 1/2 cups) peeled and cubed potatoes
- 1 pkg (300 g/10 oz) frozen chopped spinach, thawed and drained
- 175 ml (3/4 cup) thinly sliced

- 8 eggs
- 125 ml (1/2 cup) 1% milk
- 1 mL (1/4 tsp) freshly ground black pepper
- 250 ml (1 cup) shredded cheddar cheese
- 125 ml (1/2 cup) crumbled feta cheese

3. Bake in 200 C (400 F) oven 40 mins. or until eggs are set.

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REAPING THE REWARDS

EXPLORE THE GROWING WORLD OF INCENTIVES WITH REWARDS CANADA

If you are uncertain where to look for travel deals in a marketplace that is fast becoming a social media maze, Rewards Canada can help you map out a shortcut to savings. The easy-to-navigate website has a surplus of information on building rewards points for travel, whether it be earning frequent flyer miles with a specific airline or saving on the best hotels.

Rewards Canada has you covered with the most efficient ways to effortlessly maximize your travel savings.

Initially launched in September 2001, Rewards Canada provides easy access to articles, charts and information on all the current programs available. By simply visiting the website, consumers are able to pinpoint the most up-to-date offers. These incentives are quickly gaining momentum with Canadians in the know and there is a plethora of reasons to keep up with Rewards Canada.

According to Patrick Sojka, CEO and founder, many consumers are becoming knowledgeable in regards to the best ways to utilize rewards.

"The programs themselves are doing a good job of promoting the benefits of loyalty programs and consumers are getting very savvy by taking the time to learn all the ins and outs to make sure they maximize their experience in the world of earning the miles/points," he says.

Some of the most popular programs are Aeroplan and Air Miles, but Sojka says that newer programs are also rising through the ranks. For instance, WestJet Rewards have been gaining momentum



GEORGE DOYLE/STOCKBYTE/THINKSTOCK

over the last six months as it has broadened its focus to include the leisure traveller as well as the business traveller.

Rewards Canada currently focuses exclusively on travel rewards, but over the next year it will also be exploring further loyalty offers such as cash back credit cards. For those who may be uncertain how to get started, Sojka says all

the information is just a mouse click away.

"You just simply have to visit Rewardscanada.ca to become aware of existing opportunities, but we also have a weekly newsletter that provides a roundup of all the items added to website over the previous week," he explains.

Rewards Canada also features a blog

and utilizes social media tools such as Facebook and Twitter. With a constant stream of new programs materializing, Sojka believes the choices are always growing and only getting better.

"It's an evolutionary process," he says. "New programs come out and improve on what the older ones provide."

To learn more, visit rewardscanada.ca/.

— Nicole Trask



GEORGE DOYLE/STOCKBYTE/THINKSTOCK

RECEIVE A WELL-DESERVED RETURN

There are customer loyalty incentives popping up everywhere, whether the focus is shopping, dining, fuel or even coffee.

Starbucks is one of the latest establishments to get on board with its My Starbucks Rewards card, which allows you to earn "stars" with every purchase. These can lead to free refills, a complimentary drink on your birthday, or a

shot of syrup or soy milk at no extra charge. Once you have earned 30 points, Starbucks bumps you up to gold and the options expand even further.

The shopping options are also endless with Indigo Books and Music, Chapters, Sobeys and Staples, all offering a bounty of attractive deals. The Body Shop features the Love Your Body card, which allows members to

receive 10 per cent off all qualifying purchases, birthday gift cards and exclusive offers during customer appreciation days.

With all the rewards programs bursting onto the scene, it has become easier than ever for loyal customers to save, feel appreciated and receive a well-deserved return on their purchases.

— Nicole Trask

OPTIONS ABOUT FOR YOUR POINTS

Have you ever looked at piles of rewards points, thinking, “I can’t get anything for that?” Take hope. You might not score that dream vacation, but there are ways to get something else worthwhile.

INSTANT REDUCTIONS

Some programs recognize clients don’t want to save up — they want savings, now. Air Miles began a “cash” program in March due to customer demand. “They really wanted the instant benefit of being able to get cash off,” says Rachel MacQueen, a spokesperson for Air Miles. “It’s picking up great momentum.”

Linda DiMaria is a Toronto-based collector who likes the idea of cheaper gas and groceries.

“In this day and age, when money is a little scarce, it’s nice to be able to use it towards things that we do need right now,” she says.



ISTOCKPHOTO/THINKSTOCK

TRADE ‘EM IN

Explore whether you can exchange dead-weight points for useful ones. Your card issuer may already have agreements with other programs: For example, certain CIBC credit cards, American Express and Diners Club points can be converted into Aeroplan Miles. You need to own both accounts in the

exchange. Be aware the exchange rate may not be a direct one-to-one.

There is also the Toronto-based company Points.com, which allows you to trade points with other cardholders — for a fee. “There’s a lot of overlap in the types of programs that people are participating in,” says Points.com president Christopher Barnard.

“We’ve spent the last 10 years building up a really great relationship with companies around the world.” That allows the unique service to move trades securely from one account to another.

INTANGIBLE ITEMS

“I redeem online and get the gift cards through the mail, though I only do it once or twice a year after the points have accumulated,” says Jessica Patterson, a Calgary-area collector. As a bonus, she can use the cards to shop for items on sale. If you are with RBC Rewards, you could even apply the points towards your mortgage or RRSP. “It’s our fastest growing redemption option,” says RBC spokesperson Matthew Gierasimczuk.

DONATE

Many points programs allow you to donate to charity. There are big causes like Engineers Without Borders and War Child Canada, but some programs also allow small charities to register like the local Scouts troop, daycare, or food bank. Some offer a charitable tax receipt.

Overall, Patrick Sojka, the editor of Rewards Canada.ca, thinks the field of non-traditional rewards may continue to see more options. “There are some people who have way more miles and points than they know what to do with,” he says.

— Shaina Luck

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LOYAL CONSUMERS

CANADIANS CHOOSE RETAILERS BASED ON REWARDS: SURVEY

Canadian consumers aren't the only ones who love loyalty points and rewards.

Retailers — from airlines and banks to grocery stores and hotels — love the sticky habits that keep their best customers coming back for more, new research shows.

A whopping 92 per cent of Canadians belong to at least one loyalty program.

The technical term for that sky-high participation rate is "everybody," quips Rob Daniel, vice-president of loyalty and research at Maritz Canada, a consulting firm that specializes in reward programs.

"The main reason why people love points and loyalty programs is really simple," he says. "They love the idea they're getting something in return for



DIGITAL VISION/THINKSTOCK

behaviours they would do anyway."

Each Canadian carries an average of six loyalty cards, although those who earn more than \$125,000 per year have double that number.

Here's the part that businesses love: Affluent consumers are most likely to change their shopping patterns to accommodate loyalty programs.

That's according to a year-long

survey commissioned by Maritz that spoke to more than 6,600 Canadians and covered 59 loyalty programs. It was released in February.

About two-thirds of those surveyed said they are more likely to continue doing business with a company that has a loyalty program. And just more than one-third, 35 per cent, have driven past one retailer to get to another one where

GETTING A RUSH

The Maritz Canada study on loyalty programs also found: 38 per cent of those surveyed will purchase a different brand than they normally use in order to maximize loyalty benefits; 69 per cent said the programs are worth the effort of participating; 45 per cent get a rush from watching loyalty program balances grow.

they can earn more points.

"Participation in loyalty programs is universal," Daniel says. "What's surprising is that 62 per cent were willing to raise their hand and say it's a marketing scheme that actually pushes them to continue doing business with one brand over another."

That compares to just 10 per cent who will admit traditional marketing, such as advertising in newspapers, flyers or on TV, influences their shopping pattern.

"Consumers told us they are particularly loyal to programs that make them feel special, offer non-monetary privileges for members only, and communicate often in ways that consumers find personally relevant and interesting," Daniel adds.

— *Torstar News Service*

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Getting your head out of the clouds may mean having to build up a sense of independence. ISTOCK

When 'work is killing me' rings all too true

Where to turn? Study shows that feeling chained to a job may affect your health

CELIA MILNE
life@metronews.ca

How is your job going? Could you find another one if you wanted to?

If you only stay at your workplace because there's nowhere else to go, burnout may not be far behind.

Researchers at Concordia University in Montreal surveyed 260 workers from various industries, such as IT, health services, engineering and architec-

Glass half-empty

"Two people could have the same job and only one is pessimistic. It's the perception of whether there are alternatives."

Alexandra Panaccio, assistant professor of management, Concordia University

ture. They found out that feelings of being trapped or strongly obliged to stay at their job is linked to rockier health status.

"People who sense they have a lack of alternatives are likely to experience exhaustion," says Alexandra Panaccio, assistant professor in the department of

management at John Molson School of Business, Concordia University in Montreal, one of the authors of the study.

"Concretely, it means you are tired in the morning and drained at the end of the day. This will lead to physical symptoms," she says.

Signs of burnout include sleeping issues, heart problems, weight concerns and tension headaches.

Interestingly, it's not the job itself that matters, it's how you perceive your status there.

"Two people could have the same job and only one is pessimistic," Panaccio says. "It's the perception of whether there are alternatives."

Learning to relax

Alexandra Panaccio suggests that anyone feeling caught in their current job should focus on training.

- "Try to be in a situation where you feel confident you could find another job if you needed to," she says. Paradoxically, she adds, employees who develop their competencies, giving them a sense of freedom to find another job, are more likely to stay at their present job.

The study was published in the journal Human Relations.

On the shelf

The Fire Starter Sessions

Danielle LaPorte's new release *The Fire Starter Sessions* is a book about success — what it is and how to get it.

Riddled with humour, LaPorte shares her personal experiences of achievement and loss, giving a personal, intimate feel to the advice in her book. Inspirational quotes break up the short chapters, each with their



own tongue-in-cheek titles like "Competency is for suckers" or "The cheap kind of easy." There are 16 "sessions" in total, each dealing with their own, unique subject. **DELIA MACPHERSON**

Book Review

Making the brand



CRAIG LUND
Craig Lund
clund@marketingtalentinc.com
Twitter: @craiglund

Brandwashed
By Martin Lindstrom
Crown Business,
\$28.95, 260 pages

I recently attended *The Art of Marketing* conference in Toronto, an event series that showcases leading marketing minds and authors in a full day of inspiring storytelling. It was here that I came across Martin Lindstrom, a very well-known Danish brand marketing expert (LEGO enthusiast) and author of New York bestseller *Buyology*.

Lindstrom shared a few highlights from his most recent book *Brandwashed*, an exposé on the undercover tactics that brand marketers use to sell you everything and anything you likely don't actually need. As Lindstrom succinctly put it, "the full range of psychological tricks and schemes companies and their shrewd marketers and advertisers have concocted to prey on our most deeply rooted fears, dreams, and desires,

all in the service of persuading us to buy their brands and products."

As a marketer, this was not entirely surprising, but when you look at how subliminal some of these tactics are (womb marketing for example), it makes you think twice about where the line should be drawn. In the first chapter, Lindstrom discusses how we become primed as early as when we are still in the womb to 'buy.' Studies indicate that music and scents that an expectant mother is exposed to will impress upon the fetus. "Music is very powerful in producing fetal memories. When the mother frequently listens to music, the fetus will learn to recognize and prefer that same music compared to other music".

Lindstrom's book dives into several of our primal emotions including sex, fear and desire, showcasing how sex sells Axe Deodorant to awkward teenage boys, and how fear sells home security systems to women. This book is a remarkable reflection of how sophisticated marketing has become, but at the same time makes you question why we have so much affinity for so many brands. Brand detox any one?

CRAIG LUND, IS THE PRESIDENT OF MARKETING SERVICES FIRM MARKETING TALENT INC.

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Student Voice

Recruiters,
be realistic

Seeba Alexander
Graduate, Ontario College of Art and
Design, Illustration
Graduate, Centennial College
Graphic Design Media
TalentEgg.ca

After finishing school for the second time, finding a job in the creative design field was harder than I thought it would be. In college, getting a good placement in graphic design was also difficult.

In desperation, I took an unpaid internship.

As it was unpaid, traveling, supporting myself financially and maintaining my part-time job was tough, not to mention physically and mentally draining.

The company expected me to work eight hours a day with only a 30-minute lunch. It was so terrible that I had to quit my paying job to focus on the internship.

After school was over, applying for jobs was tough. The worst part about applying is when employers say they will call you to let you know if they are interested or not, and then don't bother to follow up.

I applied to retail,

hoping to land a design-related job in the company later on, but no postings have appeared.

While working at my retail job and being on a probation period, I applied for an unpaid internship with a company who was interested in me.

However, they wanted me to commit to four days a week, but my schedule was not fixed at the other job. I told them my situation and they said that interning for two or three days instead was not possible.

I have applied to jobs on the OCAD job site and received two replies, one for a paying job and the other for an unpaid position.

For internships, companies should compensate in some way. Otherwise, accept the fact that students have part-time jobs that they are committed to for financial reasons. If a student says they can only give two or three days in a week, it's not that they don't want to work more. They have no choice.

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From working for free to finally landing that job

Intern to employee.
A guide to securing a spot by someone who managed to do it

JUSTINE ABIGAIL YU
TalentEgg.ca

Ah, the beloved and yet begrudged unpaid internship. Is there any other position that elicits more mixed feelings?

It's an incredible opportu-

nity that gives you that competitive edge to build your career, opens doors to much-needed work experience, and puts you in touch with a whole slew of potentially critical contacts.

But no monetary compensation? Zero? Nada? Zilch? It's a bit of a tough pill to swallow because those student loans are not going to pay themselves and you do kind of need to eat.

I spent months as an intern for an international non-governmental organization and I turned that unpaid internship

into a paid, previously non-existent job.

How? Let me tell you how it's done...

Work as hard as you can

Well, obviously. This should go without saying, but you've really got to treat the internship like a real job. Take ownership of any and all of the tasks that are thrown your way. For the next coming months, that internship is your baby and you'd better make sure your baby is the healthiest, most suc-

Pick up the phone

Make a point of keeping in touch

- So maybe there just really isn't a job available for you right now. Still, keep in touch and check back every now and then just to say hello and touch base. Make sure you're always on their mind so if a position does open up, you'll be kept in mind.
- But here's hoping... By that time, you've already been scooped up by another company — because, let's face it, you're a pro!

cessful baby there is! (Awkward analogy, but you know what I'm trying to get at...)

Offer to take on extra responsibilities

Time permitting, of course. Show that you're a go-getter and willing to get your hands dirty. And don't just stick to your department, either. Network with individuals from other areas of the company and see if there's anything you can do to help.

Not only will you broaden your skill set beyond your general expertise, but you'll also broaden your exposure to different people who may be able to offer you a job in the future.

JUSTINE ABIGAIL YU IS A COMMUNICATIONS PROFESSIONAL BY DAY AND A FREELANCE WRITER BY NIGHT. TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.



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Navigating the dos and don'ts of the post-grad internship

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BRIAN CAULEY
TalentEgg.ca

Do:

Look for internships that are challenging.

One of the purposes of an internship is to help you progress as a person and as an employable candidate.

Aim high.

The internship should either be slightly outside your skill set or be with a higher-profile organization than you've worked with in the past. You may not be able to land a full-time permanent position like this straight out of school, but employers big and small love taking on and training eager interns.



Don't settle for any old workplace situation. A new internship is a good opportunity to challenge yourself. iStock

Feel excited about working for the company you choose.

Internships, while beneficial to your resumé, can take a lot out of you — especially when you receive little or no pay. The better you make yourself feel about this short-term career investment, the better you'll perform.

Don't:

Act unprofessionally

Treat the internship like a real job — show up on time or early, make yourself useful, avoid mistakes (or own up to them when you make them) and stay late if necessary.

Expect to be hired after

your internship.

An internship is not an extended interview. While some students and recent grads are hired following an internship, it's not a given. Keep yourself open to all opportunities.

BRIAN CAULEY IS A TORONTO-BASED PRODUCER OF AUDIO PROGRAMS AND PODCASTS WHO RECENTLY COMPLETED A MASTER'S DEGREE IN MEDIA PRODUCTION AT RYERSON UNIVERSITY.

Twitter

@TalentEgg
How can students make a good impression during a summer internship?

@_JillianAnnas
Learn what's ok, don't follow bad behaviour of others!



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My 2cents: take initiative & be a problem solver

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Workplace Law

How many mistakes does it take?



WORKPLACE LAW
 Daniel Lublin
 dan@canadaemploymentlawyer.com
 Twitter: @danlublin

In this column, I have consistently opined that incompetence is not usually cause for dismissal and that poor performance should not affect severance. But I must admit that the law is not always this clear. What happens when a new recruit cannot perform the job he or she was hired for, despite training, patience and an investment in their performance? Unsatisfied clients have criticized the staffer and you regret giving that person the job in the first place. This human resources dilemma is not isolated — both employers and even other employees complain about it often.

The biggest difficulty is although this employee should be fired immediately, most employers allow him or her to linger, dissuaded from taking action because of the

potential severance costs and the lost time and investment to find another suitable replacement. As a workplace lawyer and a business owner, I can say that mostly this just compounds the problem, since their performance is unlikely to ever satisfactorily improve. The following are some alternative options employers utilize to deal with this problem:

- Is the employee “probationary?” If so, he or she can be fired with impunity. But note that this label cannot be imposed because the employee turned out to be incompetent. Most employers fail to appreciate that, in order to create a probationary employee, the employee must agree to this stipulation in an employment contract and before he or she begins any work. Otherwise it is too late.

- Spend the time required to correct his or her performance. This option is too often overlooked. If an employee is underperforming, they most likely know it, too. It is their job to ask for assistance as much as it is the employer's job to clearly delineate what standards are required. This process involves more than a performance meeting. The employee should job-shadow a supervisor.

- Make it clear to the employee that the job will soon come to an end. The goal is to provide enough time for them to look for other work while they still have a job. If this occurs quickly, then they can gracefully resign. However, if this advice is communicated improperly, it could easily backfire into a lawsuit. The key is to get good advice yourself.



Have you tried helping your employee to rectify their wrong move? ISTOCK

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Canucks aftermath

Luongo says he'll waive no-trade clause

Roberto Luongo says he will waive his no-trade clause if the Vancouver Canucks ask him to this off-season.

Luongo made the comments as the Canucks



Roberto Luongo
DARRYL DYCK/THE CANADIAN PRESS

cleaned out their lockers on Tuesday. **THE CANADIAN PRESS**

Public-opinion polling

Jimmie Johnson is Forbes' most influential athlete

NASCAR driver Jimmie Johnson is ranked by Forbes as America's most influential athlete for a second straight year. New York Jets QB Tim Tebow is ranked second. **THE ASSOCIATED PRESS**

CFL

Riders bring in receiver Moss

Receiver Sinorice Moss, who won a Super Bowl with the 2007 New York Giants, agreed to terms with the Saskatchewan Roughriders Tuesday along with offensive lineman Johan Asiata and linebacker Daniel Sheffield. **THE CANADIAN PRESS**

Olympic soccer



"I watched from the stand, always dreamed of leading a team out there one day." John Herdman, Canada's women's coach, on being drawn to play at St. James' Park in his native Newcastle, England. Japan, Sweden and South Africa round out Group F.

Rejuvenated Zajac scores OT winner to force Game 7

NHL. Yet another Eastern Conference first-round series going the distance

The New Jersey Devils are still alive in the Stanley Cup chase because of a player who spent most of the season off the ice working his way back from an Achilles tendon injury.

Travis Zajac scored at 5:39 of overtime and the Devils avoided elimination and sent yet another Eastern Conference first-round series to a seventh game with a 3-2 victory over the Florida Panthers on Tuesday night.

"It's fun to be back competing and playing at this time of year," said Zajac, whose season was limited to 15 regular-season games because of an Achilles injury in August that required surgery.

"When you have a setback, you never know what's going to happen. As I went through the process again, I felt better and better. It was just about being patient. I knew I would be back at some time in the new year. I was able to get a few games in and prepare for the playoffs."

The Devils will be playing in Game 7 in Florida on Thursday because Zajac scored his biggest goal of the season on a counter-attack against Panthers goalie

Game 6

3

Devils

2

Panthers

Scott Clemmensen.

Zajac cleared the puck from in front of a harried Martin Brodeur and started a rush up the ice. Zach Parise took his cross-ice pass and gave the puck to Ilya Kovalchuk, who found Zajac skating down the left wing for a shot along the ice into the net.

"Kovy gets the puck at the far blue-line and draws a couple of guys to him," Zajac said. "He made a really nice play to me and I just wanted to get a quick shot on net. I was lucky to beat Clemmensen there."

It sparked a wild celebration in the corner.

Clemmensen was outstanding, making 39 saves in an emergency start for the injured Jose Theodore.

"I think he missed it, the shot," Clemmensen said of Zajac's last shot. "My 'D' also may have gotten a stick on it. I don't think he was shooting where he wanted to, but went under the pad. I thought he was trying to shoot it high."

THE ASSOCIATED PRESS



Travis Zajac celebrates after he scored the game-winning goal in overtime against the Florida Panthers on Tuesday in Newark, N.J. **BRUCE BENNETT/GETTY IMAGES**



SPORTS

Quoted

"Typically, I'd be there in a second, but this isn't a normal situation and this isn't me trying to hide away from the world championships. I love playing for Team Canada.... Anyone who is questioning that right now obviously doesn't know me or aren't thinking right."

Sidney Crosby, who defended his decision to not play for Canada in the upcoming world hockey championship, saying he needs to go through the full summer preparation he missed due to a concussion last year.

On the web



It's been crazy month for golfer Bubba Watson after winning the Masters in a sudden-death playoff April 8. The lefty with a flair for the dramatic says he's still "just Bubba." He's preparing to defend his title this week at the Zurich Classic. Scan the code for the story

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Running after the football dream

Football. Ontario's Chambers ready to make noise in the CFL or possibly even NFL

Shamawd Chambers can't wait until May 3.

That's when the CFL will hold its annual Canadian college draft and the day the Wilfrid Laurier Golden Hawks' speedy receiver will learn where he'll start his pro career in Canada. And after an off-season of working out and testing for CFL officials, Chambers is anxious to get back on the football field.

"I just want to get back to work," Chambers said during a CFL conference call Tuesday. "For me, this has been such a long off-season.... I just want to play football."

"Once you are a professional, that's all you do. I feel like I can develop so much more when my full-time job is to play this game. The thought of that is incredible, that somebody is going to pay us to play this game. I'm just excited and want

Quoted

"I don't have any kids or real ties to Toronto, so it's no problem for me to play anywhere else. I'll go play anywhere."

Shamawd Chambers

to get to work."

Chambers shouldn't have to wait long to hear his name called. The six-foot-three, 218-pound native of Markham, Ont., is not only the top-rated receiver heading into the draft but was third overall in the CFL Scouting Bureau's final ranking of the top-15 eligible prospects.

Chambers, 23, who posted the fastest 40-yard dash time at the CFL evaluation camp (4.42 seconds), grew up a Toronto Argonauts fan and would readily welcome a chance to play for the team. But unless general manager Jim Barker pulls off a major trade, seeing Chambers in Double Blue would appear unlikely given the team doesn't have a first-round selection.

Chambers, who had 36

catches last season for 562 yards and five TDs, is expected to be off the board when Toronto makes its first pick in the second round, ninth overall.

"I don't have a preference, to be honest, as to where I play," Chambers said. "If I stay in the Greater Toronto Area it would be nice because my family is here, but in no way, shape or form would I say that is my complete preference."

Chambers could be starting his pro career south of the border. There's persistent talk some NFL clubs have Chambers on their radar screen as a potential undrafted free agent. Yet even if he signs in the U.S., Chambers should remain a bona-fide future prospect for CFL clubs.

Saskatchewan Huskies offensive lineman Ben Heenan spent most of the year atop the CFL Scouting Bureau rankings before dropping behind Boise State defensive end Tyrone Crawford on the final list. But the six-foot-four, 310-pound Heenan remains the solid choice to go first overall in the Canadian college draft

THE CANADIAN PRESS



Shamawd Chambers competes in the 40-yard dash at the CFL evaluation camp in Toronto in March. Chambers achieved the fastest time in the dash, recording 4.42 seconds. CANADIAN FOOTBALL LEAGUE/THE CANADIAN PRESS

NFL. Andrew Luck will be first pick, Colts announce

It's official: Andrew Luck will be the No. 1 choice in Thursday night's NFL draft.

Rather than keeping the NFL's worst-kept secret under wraps until Luck's name rolled off the lips of commissioner Roger Goodell, general manager Ryan Grigson decided there was no reason to delay the inevitable: Luck will become the successor to Peyton Manning as Indianapolis' quarterback and the new face of the franchise.

Indy has been preparing for Luck's arrival for a while.

Grigson said last week that the team made its decision a few weeks earlier and that was

Quoted

"We didn't see the point in prolonging what the world already knows."

Indianapolis Colts general manager Ryan Grigson

one reason they didn't have another prospect, Robert Griffin III, come to Indy for an interview.

Luck plans to have his entire family in New York on draft night. He'll fly to Indianapolis on Friday to meet fans at Lucas Oil Stadium, his new home field. THE ASSOCIATED PRESS

NBA

Seven-game ban for World Peace

Lakers forward Metta World Peace was suspended seven games by the NBA on Tuesday for throwing a vicious elbow at Oklahoma City's James Harden, meaning the Los Angeles starter likely will miss six playoff games.

World Peace was ejected from Sunday's game against the Thunder for striking Harden in the head, giving him a concussion. World Peace claimed the contact was an accidental, overzealous celebration of a dunk. THE ASSOCIATED PRESS

Triumphant Coyotes return to desert fanfare

The Phoenix Coyotes touched down on a hot day in the desert and groggily wandered toward the tarmac.

The cobwebs quickly shook away when they walked down the stairs from the back of the team plane and saw what was waiting for them: Hundreds of fans just outside the gate, holding signs, chanting, even howling after the team's triumphant return from Chicago.

The Coyotes are playoff winners for the first time in 25 years and have made hockey relevant again in the Valley of the Sun.

"It's unbelievable," Coyotes

Coyotes-Hawks recap

After five straight overtime games to open the series, an NHL first since the 1951 Stanley Cup finals, Phoenix finished with a flourish, rolling over the Blackhawks 4-0 in Game 6 Monday night.

goalie Mike Smith said Tuesday as fans chanted "Smitty!" over his shoulder. "It's been a heck of a ride so far and our fans have been right there with us all the way."

The Coyotes have already

accomplished more than any other team in franchise history.

Despite playing without an owner for the third straight season and a roster filled with gritty non-star players, Phoenix won its final five games of the regular season to capture the Pacific Division, the first division crown in the team's 33-year NHL history.

By beating the Blackhawks the Coyotes advanced to the second round of the playoffs for the first time since 1987, when the team was still called the Winnipeg Jets.

THE ASSOCIATED PRESS

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FIRST ROUND

CONFERENCE QUARTER-FINALS

(Best-of-7)

EASTERN CONFERENCE

N.Y. Rangers (1) vs. Ottawa (8)

(Series tied 3-3)

Tomorrow's game

Ottawa at N.Y. Rangers, TBD

Monday's result

N.Y. Rangers 3 Ottawa 2

Boston (2) vs. Washington (7)

(Series tied 3-3)

Tonight's game

Washington at Boston, 7 p.m.

Florida (3) vs. New Jersey (6)

(Series tied 3-3)

Last night's result

New Jersey 3 Florida 2 (OT)

Tomorrow's game

New Jersey at Florida, TBD

Pittsburgh (4) vs. Philadelphia (5)

(Philadelphia wins series 4-2)

WESTERN CONFERENCE

Vancouver (1) vs. Los Angeles (8)

(Los Angeles wins series 4-1)

St. Louis (2) vs. San Jose (7)

(St. Louis wins series 4-1)

Phoenix (3) vs. Chicago (6)

(Phoenix wins series 4-2)

Monday's result

Phoenix 4 Chicago 0

Nashville (4) vs. Detroit (5)

(Nashville wins series 4-1)

x — played only if necessary.

Shots on goal by

N.Y. Rangers 7 8 7 22

Ottawa 6 7 14 27

Goal — N.Y. Rangers: Lundqvist (W, 3-3); Ot-

tawa: Anderson (L, 3-3).

Power plays (goals-chances) — N.Y. Rangers:

2-6; Ottawa: 1-5.

Referees — Steve Kozari, Tim Peel.

Linesmen — Lonnie Cameron, Shane Heyer.

Att. — 20,500 (19,153) at Ottawa.

COYOTES 4, BLACKHAWKS 0

First Period

No Scoring.

Penalties — Chipchura Pho (holding) 9:11, Kei-

th Chi (delay of game) 13:36.

Second Period

1. Phoenix, Ekman-Larsson 1 (Yandle, Whit-

ney) 13:14 (pp)

Penalties — J.Tows Chi (interference) 12:22,

Langkow Pho (tripping) 18:24.

Third Period

2. Phoenix, Brule 2 (Chipchura) 2:24

3. Phoenix, Vermette 4 (Boedker, Ekman-Lar-

son) 13:04 (pp)

4. Phoenix, Chipchura 1 (Brule, Langkow)

14:56

Penalties — Hayes Chi (boarding major, game

misconduct; served by Stalberg) 8:47, Kane

Chi (misconduct) 17:10.

Shots on goal by

Phoenix 2 6 12 -20

Chicago 16 12 11 -39

Goal — Phoenix: M.Smith (W, 4-2-0); Chicago:

Crawford (L, 2-4-0). Power plays (goals-

chances) — Phoenix: 2-4; Chicago: 0-2.

Referees — Chris Lee, Wes McCauley.

Linesmen — David Brisebois.

Att. — 21,636 (19,717) at Chicago.

SCORING LEADERS

	G	A	PT
Giroux, Pha	6	8	14
J.Staal, Pgh	6	3	9
Briere, Pha	5	3	8
McDonald, StL	4	4	8
Crosby, Pgh	3	5	8
Malkin, Pgh	3	5	8
Berglund, StL	3	4	7
Voracek, Pha	2	5	7
Jagr, Pha	1	6	7
Kennedy, Pgh	3	3	6
Dupuis, Pgh	2	4	6
Kunitz, Pgh	2	4	6
Neal, Pgh	2	4	6
Schenn, Pha	2	4	6
Sullivan, Pgh	2	4	6
Brown, LA	4	1	5

Not including last night's games

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Baltimore	10	7	.588	—
New York	10	7	.588	—
Tampa Bay	10	7	.588	—
Toronto	10	7	.588	—
Boston	6	10	.375	3½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	10	6	.625	—
Cleveland	9	6	.600	½
Detroit	10	7	.588	½
Minnesota	5	13	.278	6
Kansas City	3	14	.176	7½

WEST DIVISION

	W	L	Pct	GB
Texas	14	4	.778	—
Oakland	8	10	.444	6
Seattle	8	10	.444	6
Los Angeles	6	11	.353	7½

Last night's results

Cleveland 4, Kansas City 3

Seattle 7, Detroit 4

Baltimore 2, Toronto 1

Tampa Bay 5, L.A. Angels 0

Texas 2, N.Y. Yankees 0

Boston 11, Minnesota 2

Chicago White Sox at Oakland

Monday's results

N.Y. Yankees 7, Texas 4

Boston 6, Minnesota 5

Toronto 4, Kansas City 1

Chicago White Sox 4, Oakland 0

Today's games

Chicago White Sox (Sale 2-1) at Oakland

(Parker 0-0), 3:35 p.m.

Kansas City (Hochevar 1-1) at Cleveland

(Jimenez 2-0), 7:05 p.m.

Seattle (F.Hernandez 1-1) at Detroit (Wilks 0-

2), 7:05 p.m.

Toronto (Drabek 2-0) at Baltimore (Hammel 2-

0), 7:05 p.m.

L.A. Angels (C.Wilson 2-1) at Tampa Bay (Hel-

lickson 2-0), 7:10 p.m.

N.Y. Yankees (P.Hughes 1-2) at Texas (Feld-

man 0-0), 8:05 p.m.

Boston (Buchholz 1-1) at Minnesota (Hen-

driks 0-0), 8:10 p.m.

ORIOLES 2, BLUE JAYS 1

Toronto ab r h bi Baltimore ab r h bi

YEscor ss 4 0 0 0 EriChvz rf 4 1 1 0

KJhmn 2b 3 0 2 0 Hardy ss 4 0 1 0

Bautist rf 4 0 0 0 Markis rf 3 0 0 0

Encnc dh 4 0 0 0 AdJons cf 3 0 1 0

Lind 1b 3 0 0 0 Wieters c 3 1 1 1

Lawrie 3b 3 0 1 0 CDavis 1b 3 0 0 0

Rasmis cf 4 0 0 0 Betemth dh 2 0 1 0

Thams lf 4 1 2 1 Flaherty 2b 2 0 0 0

Mathis c 2 0 0 0 Andino 2b 3 0 0 0

Totals 31 1 5 1 Totals 27 2 5 1

Toronto 001 000 000 1

Baltimore 100 100 00x 2

DP—Toronto 1, Baltimore 1. LOB—Toronto 7,

Baltimore 4. 2B—Hardy (1). HR—Thames (1),

Wieters (6). 5—Flaherty.

IP H R ER BB SO

Toronto H.Alvarez L,0-2

Janssen 1 0 0 0 0 2

Baltimore Tom.Hunter W,2-1

Patton H,2 2-3 1 0 0 0 0 0

O'Day H,2 1-3 0 0 0 0 0 1

Ayala H,2 1 1 0 0 0 0 0

Strop S,2-2 1 0 0 0 1 2

Umpires—Home, Brian Gorman; First, Larry

Vanover; Second, Tony Randazzo; Third, Todd

Tichenor.

T—2:22. A—11,058 (45,971).

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	12	4	.750	—
Atlanta	10	7	.588	2½
New York	9	8	.529	3½
Miami	7	9	.438	5
Philadelphia	7	10	.412	5½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	11	6	.647	—
Cincinnati	8	9	.471	3
Milwaukee	8	9	.471	3
Pittsburgh	7	9	.438	3½
Houston	6	11	.353	5
Chicago	5	12	.294	6

WEST DIVISION

	W	L	Pct	GB
Los Angeles	13	4	.765	—
Arizona	9	8	.529	4
San Francisco	9	8	.529	4
Colorado	8	8	.500	4½
San Diego	5	12	.294	8

Last night's results

Pittsburgh 5, Colorado 4

N.Y. Mets 2, Miami 1

Cincinnati 9, San Francisco 2

Chicago Cubs 3, St. Louis 2

Houston at Milwaukee

Philadelphia at Arizona

Washington at San Diego

Atlanta at L.A. Dodgers

Monday's results

San Francisco 6, N.Y. Mets 1, 1st game

Colorado at Pittsburgh, ppd., rain

San Francisco 7, N.Y. Mets 2, 2nd game

Chicago Cubs 3, St. Louis 2

Milwaukee 6, Houston 5

Arizona 9, Philadelphia 5

L.A. Dodgers 7, Atlanta 2

Today's games

Colorado (Nicasio 1-0) at Pittsburgh

(Ja.McDonald 0-1), 12:35 p.m., 1st game

Houston (Happ 1-1) at Milwaukee (Marcum 1-

1), 1:10 p.m.

St. Louis (Lynn 3-0) at Chicago Cubs (Volstad

0-2), 2:20 p.m.

Philadelphia (Hamels 2-1) at Arizona (Cahill 1-

1), 3:40 p.m.

Colorado (Chacin 0-1) at Pittsburgh (Morton

0-1), 4:05 p.m., 2nd game

Washington (Zimmermann 0-1) at San Diego

(Wieland 0-2), 6:35 p.m.

Miami (Buehrle 1-2) at N.Y. Mets (Dickey 2-1),

7:10 p.m.

San Francisco (Zito 1-0) at Cincinnati (Arroyo

1-0), 7:10 p.m.

Atlanta (Beachy 2-1) at L.A. Dodgers (Lilly 2-

0), 10:10 p.m.

LACROSSE

NLL

WEEK 17

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
x-Toronto	15	8	7	.533	186	185	-
x-Philadelphia	15	7	8	.467	169	198	1
x-Buffalo	15	6	9	.400	181	188	2
x-Rochester	15	6	9	.400	182	190	2

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
y-Calgary	16	12	4	.750	216	170	-
x-Colorado	15	11	4	.733	204	185	½
x-Minnesota	15	8	7	.533	186	177	3½
x-Edmonton	15	6	9	.400	156	163	5½
Washington	15	4	11	.267	163	187	7½

x — clinched playoff berth.

Saturday's games

Philadelphia at Rochester, 7:30 p.m.

Colorado at Minnesota, 8 p.m.

Toronto at Edmonton, 9 p.m.

Buffalo at Washington, 10:30 p.m.

END OF REGULAR SEASON

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
z-Chicago	48	16	.750	—
y-Miami	46	19	.708	2½
x-Indiana	42	23	.646	6½
y-Boston	38	27	.585	10½
x-Atlanta	39	26	.600	9½
x-Orlando	36	28	.563	12
x-New York	34	30	.531	14
x-Philadelphia	34	30	.531	14
Milwaukee	31	33	.484	17
Detroit	24	41	.369	24½
New Jersey	22	43	.338	26½
Toronto	22	43	.338	26½
Cleveland	21	43	.328	27
Washington	18	46	.281	30
Charlotte	7	57	.109	41

WESTERN CONFERENCE

	W	L	Pct	GB
z-San Antonio	48	16	.750	—
y-Oklahoma City	47	18	.723	1½
x-L.A. Lakers	41	24	.631	7½
x-L.A. Clippers	40	25	.615	8½
x-Memphis	40	25	.615	8½
x-Denver	36	28	.563	12
x-Dallas	36	29	.554	12½
Utah	34	30	.531	14
Phoenix	33	31	.516	15
Houston	33	32	.508	15½
Portland	28	37	.431	20½
Minnesota	26	39	.400	22½
Golden State	23	41	.359	25
Sacramento	21	44	.323	27½
New Orleans	20	44	.313	28

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Jeep



RAM

New hybrid compact a big draw



ALL PHOTOS WHEELBASE

Review. A hybrid for less than \$23,000 that pulls down 3.5 l/100 km in the city? Sold.

MALCOLM GUNN

Wheelbase Media

The most popular gasoline-electric hybrid brand around is now a lineup unto itself and the all-new Toyota Prius c is the smallest and least expensive of the bunch.

With fuel costs soaring, it's likely that hybrid demand will accelerate in spite of a continued price gap compared to gasoline-only vehicles. That's good news for Toyota's four-model Prius line and especially good news for the new Prius c (c is for compact).

Although small in stature — 48 centimetres shorter and about five centimetres narrower than the current Prius hatchback — the Prius c comes up big in minimizing fuel consumption, registering 3.5 l/100

km in the city and 4.0 highway. By comparison, the regular Prius's numbers are 3.7/4.0. The combined city/highway number for both is nearly identical at 3.7 for the c and 3.8 for the Prius.

So exactly what advantage does the smaller Prius c hold over its equally thrifty namesake? Actually, there are about 5,000 of them, which is the difference in dollars that distinguish the two Toyotas. The c's on-the-road base tariff is \$22,550, placing it well within reach for many buyers and, for example, is only about \$5,500 pricier than a Toyota Corolla and actually \$1,000 cheaper than the Honda Insight hybrid.

With the Prius c's launch — as well as the launch of the plug-in model and the larger v wagon — Toyota is showing its continuing dominance in the hybrid category by stretching the brand to fit a broader audience. The c is the first, however, to truly challenge entry-level gas-only models on their own turf — which is price point — while providing significantly better economy.



If you concede that the regular Prius and the smaller c consume about the same fuel, then why does the c cost so much less? You actually get less — less space and less power.



The Prius c dash layout is pitched to the right of the driver, although not really for functional or aesthetic reasons.

By comparison



1 Honda CR-Z
Base price: \$24,100



2 Honda Insight
Base price: \$23,500



3 Kia Rio 5-Door
Base price: \$15,600

5 DRIVE

Top Gear

Handy winder strikes a 'cord'

Most garages or shops contain extension cords that are left in a tangled state and usually take forever to straighten out. The Wonder Winder, manufactured by U.S. company Green Leaf, is a wall- or post-mounted device that keeps up to 46 metres of extension cord neatly coiled at all times. The Wonder Winder, which sells in the \$20-\$25 US range, also comes with a quick-release mechanism so it can be moved wherever it's needed. For purchasing info, go to grn-leafinc.com/Wonder_Winder.asp. You can also locate this product at amazon.com and genuinehotrod.com.

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Second Gear.

2006 to 2010
Mazda 5

JUSTIN
PRITCHARD
Drive@metronews.ca

The Mazda 5 puts the word “mini” into the word “minivan.” A compact six-seater with sliding doors, the 5 launched in its first generation for the 2006 model year, and has now been replaced by a new model.

The first-generation Mazda 5 was popular with small families for its combination of versatility, practicality and good fuel mileage.

Common Issues

Check the air conditioning system for proper performance, and inspect the body, especially around the wheel wells and tailgate lip, for signs of rust. Note that the 5 had some issues with faulty power-steering pumps, which have become familiar to the online owner community.


A service bulletin and recall have been executed to fix the issue, which could see the power steering system fail intermittently.

Numerous owners complain about “cheap” parts installed at the factory, leaving them to replace tires and brake components earlier than expected. Shoppers should also look for signs of a bad alignment. A mechanic can help if you're unsure how. Ensure the CD player or changer receives and ejects CDs as expected, and check for proper operation of the steering-wheel-mounted audio controls and remote keyfob, too.



TORSTAR NEWS SERVICE


Engine

 All models got a 2.3-litre four-cylinder with 153 horsepower. Transmission choices included a five-speed manual or five-speed automatic, depending on the model selected. All units were front-wheel drive.

What Owners Like

 The availability of a manual transmission, good handling, relatively generous room, good mileage, interior layout and easy-to-maneuver sizing are all highly rated by Mazda 5 owners. High levels of comfort and flexibility are also noted.

What Owners Dislike

 Common owner complaints include a rougher ride on models with larger wheels, the lack of a front passenger-seat arm rest and some difficult-to-clean interior trim materials. Owners also note that cargo space all but disappears when all rows of seating are used.

Verdict

The 5 looks largely free of expensive or worrisome problems. Those with a young family after a flexible and fuel-efficient means of transportation can buy a well-maintained model with confidence.

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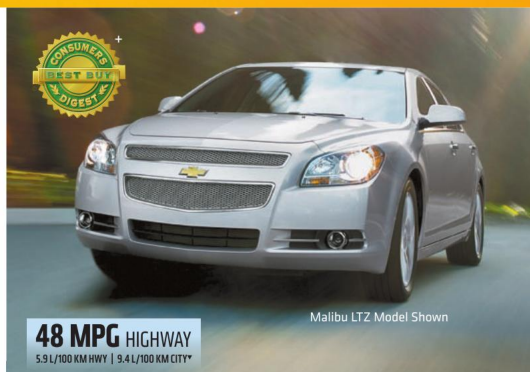
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84
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ON SELECT MODELS



48 MPG HIGHWAY

Malibu LTZ Model Shown

2012 MALIBU LS

- Consumers Digest Best Buy Four Years in a Row[†]
- IIHS 2012 Top Safety Pick^{††}
- OnStar[®] with 6 Months Turn-by-Turn Navigation[†]
- 6 Standard Airbags

PURCHASE PRICE
\$25,595*
INCLUDES FREIGHT & PDI

FINANCE FROM **NEW!**
0% FOR 84 MONTHS[‡] AT \$141

BI-WEEKLY. \$0 DOWN PAYMENT. OFFERS INCLUDE FREIGHT & PDI.

2012 SONIC SEDAN LS

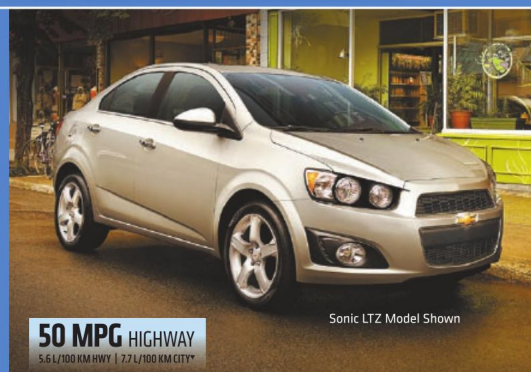
- Standard Bluetooth[®] with Steering Wheel Controls
- OnStar[®] Remote Link Mobile App with Remote Start, Unlock and More[~]
- Power Door Locks with Remote Keyless Entry
- StabiliTrak[®] Electronic Stability Control System with ABS

PURCHASE PRICE
\$15,990*
INCLUDES FREIGHT & PDI

FINANCE FOR ONLY

RATE	TERM	PAYMENT
0%	72	\$103 [‡]
2.99%	84	\$97 ^{††}

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50 MPG HIGHWAY

Sonic LTZ Model Shown

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50 MPG HIGHWAY

Cruze LTZ Model Shown

2012 CRUZE LS AIR & AUTO

- Best in Class Highway Fuel Efficiency^{**}
- IIHS 2012 Top Safety Pick^{††}
- 10 Standard Airbags
- OnStar[®] Including 6 Month Turn By Turn Navigation[†]

PURCHASE PRICE
\$20,495*
INCLUDES FREIGHT & PDI

FINANCE FOR ONLY

RATE	TERM	PAYMENT
0%	72	\$131 [‡]
1.99%	84	\$121 ^{††}

BI-WEEKLY. \$0 DOWN PAYMENT. OFFERS INCLUDE FREIGHT & PDI.

2012 EQUINOX LS

- Better Highway Fuel Efficiency than CR-V, RAV4, Santa Fe & Escape Hybrid[™]
- Best-in-Class Rear Seat Legroom[†]
- IIHS 2012 Top Safety Pick^{††}
- OnStar[®] Including 6 Month Turn By Turn Navigation[~]

PURCHASE PRICE
\$27,995*
INCLUDES FREIGHT & PDI

FINANCE FOR ONLY

RATE	TERM	PAYMENT
0%	72	\$179 [‡]
1.99%	84	\$165 ^{††}

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Lost in thought? Your driving will get worse

Driving Force.

Whether you're 20 or 60, daydreaming while on the road is hazardous, study confirms

JILL
MCINTOSH
Drive@metronews.ca

Drivers who are distracted by their cellphones or text messages are hazardous, but even being deep in thought can affect how people act behind the wheel, according to the Massachusetts Institute of Technology (MIT). If you're daydreaming, you're less likely to scan the road ahead of you for hazards.

"The act of thinking impacts what we're doing," says Bryan Reimer, a research scientist at the MIT AgeLab.

"The brain is a very fancy computer, but it's a single processor. We do task switching, back and forth between two tasks. We'd like to be like a multi-core processor, but we're not."

The study determined

Tuning out

- While a stereo can be distracting, especially if it's too loud, drivers tend to "tune out" the music when something on the road demands their attention.
- Good drivers constantly scan ahead, including sidewalks and cross-streets, looking for potential hazards.

that the deeper in thought a driver is, the less he focuses on his surroundings. To test the theory, drivers were sent out on a route. They had to listen to a recording of someone reading numbers and then perform three separate tasks: repeat the number they'd just heard, repeat one number back, and then repeat the second number back.

"There was no computation involved, just memory," Reimer says. "The two-back demand was about as difficult a task as you'd be willing to give an individual when they're driving."

Previous studies looked

at whether drivers were distracted or not, but Reimer says this is too simple. Instead, there are levels of cognitive demand and their effects are distinguishable.

Somewhat surprisingly, age didn't make a difference. The level of distraction caused by trying to remember the numbers was the same in those in their 20s and in their 60s.

While some people think a phone call isn't any more distracting than a passenger, Reimer disagrees.

"If the light turns red, the person you're talking to (on the phone) keeps talking," he says. A passenger sees the red light and changes the pace of the conversation, which can lead the driver to pay more attention.

Drivers lost in thought or on the phone tend to drive straight, but their reaction time is slower.

"You drive straighter because your eyes are tuned forward, but you're scanning less," Reimer says.

"You also drive slower and change lanes less frequently. You're compensating for that increased demand."



The scary thing here is that this daydreamer is behind the wheel. iSTOCK

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Crossword

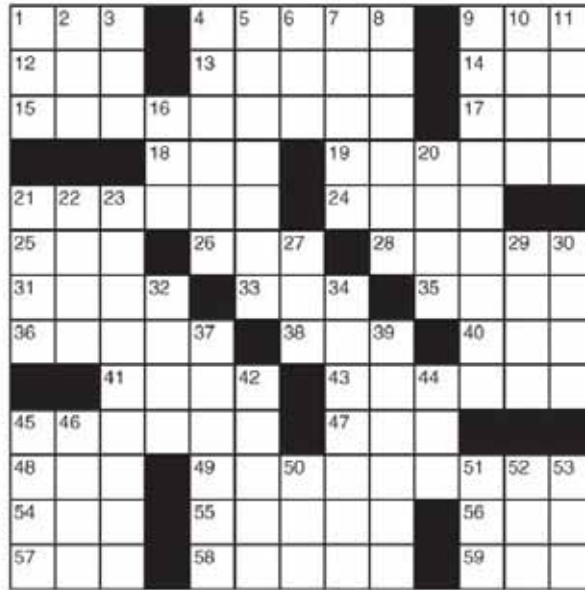
Across

- 1 Triangle part
- 4 Walked the floor
- 9 Scatter seed
- 12 Bullring bravo
- 13 Earlier on the page
- 14 Swiss canton
- 15 Energetic determination
- 17 Snooze
- 18 Canal zone?
- 19 Drawing for a prize
- 21 Choose
- 24 Cash drawer
- 25 Carte lead-in
- 26 Desire
- 28 Detroit football team
- 31 Deviates off course
- 33 Society newcomer
- 35 Foolish bloke
- 36 Cancel
- 38 Lubricant
- 40 Old French coin
- 41 Anthropologist Margaret
- 43 Swerved
- 45 Inclement
- 47 With 16-Down, "Brokeback Mountain" director
- 48 Legislation
- 49 Quasimodo's place
- 54 Gorilla
- 55 Herded
- 56 Rage

- 57 Apiece
- 58 Skiers' mecca
- 59 Joke

Down

- 1 Depressed
- 2 Inventor Whitney
- 3 Solidify
- 4 Pontiff's term of office
- 5 Scrubbed a launch
- 6 Intimidate
- 7 Chris of tennis fame
- 8 Throw off track
- 9 Kansas emblem
- 10 Exam format
- 11 Clean the slate
- 16 See 47-Across
- 20 Go like a butterfly
- 21 "I — Little Prayer"
- 22 Verve
- 23 Groundskeeper's machine
- 27 Ultra-modernist
- 29 Pleasant
- 30 Poker variety
- 32 Litigant
- 34 Clam or oyster
- 37 Greek consonant
- 39 Meager
- 42 Color workers
- 44 Freudian topic
- 45 Rebuff a masher
- 46 Recording



- 50 Prune
- 51 Peruke
- 52 Mound stat

53 — U.S. Pat. Off.

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

APNMBR U ZNSOZ CNNI
UCNMD ANST AMJTG-JNDTHD
CUIOHQ ADMYY QTD DDBTR
"DPT YUHDUADOZ YBNMG"?
Yesterday's Cryptoquip: A RESTAURANT, FEELING LIKE IT DIDN'T CHARGE ENOUGH FOR FILLETS, DECIDED TO RAISE THE STEAKS.
Today's Cryptoquip Clue: D equals T



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Weather

TODAY	THURSDAY	FRIDAY
 MAX: 21° MIN: 6°	 MAX: 13° MIN: 10°	 MAX: 8° MIN: 4°



ANDREW SCHULTZ
WEATHER SPECIALIST

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta".
WEEKDAYS 5:30 AM



Horoscope

♈ Aries | March 21 - April 20.

You can make things happen today through sheer force of personality. There is no such word as "can't" in your vocabulary.

♉ Taurus | April 21 - May 21.

Sometimes in life, you have no choice but to sit back and wait it out. This is one of those occasions.

♊ Gemini | May 22 - June 20.

Whatever you do on the spur of the moment today will work out well — or at least do no lasting damage.

♋ Cancer | June 21 - July 22.

Sometimes you can be a bit too cautious for your own good, which means you don't always achieve what you should.

♌ Leo | July 23 - Aug. 22.

With mind planet Mercury at odds with Pluto today confidence alone won't take you far. Plan ahead.

♍ Virgo | Aug. 23 - Sept. 22.

A rival may have more talent than you but you possess something infinitely more important: staying power. Keep that in mind.

♎ Libra | Sept. 23 - Oct. 22.

You need to free yourself of something that is holding you back. Be ruthless and don't let friends and family members talk you out of it.

♏ Scorpio | Oct. 23 - Nov. 21.

You don't need permission to think, speak or act. Stand up for yourself and your beliefs!

♐ Sagittarius | Nov. 22 - Dec. 21.

It'd be a mistake to do anything strenuous over the next 24 hours.

♑ Capricorn | Dec. 22 - Jan. 20.

Don't be afraid to explore new experiences. The Sun in Taurus at this time of year makes you incredibly adventurous.

♒ Aquarius | Jan. 21 - Feb. 18.

The more you try to move in a certain direction, the more events conspire to block your progress. Take the hint and hold back for a while.

♓ Pisces | Feb. 19 - March 20.

Something will happen today that throws your plans into disarray. It's all good. **SALLY BROMPTON**



Caption Contest

"What did you say about my mama?!"
Danielle

FRANK AUGSTEIN/THE ASSOCIATED PRESS

Win!



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



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Prevue Clarity Targeted Skin Tone Corrector, 5 mL
Ceramide Gold Ultra Restorative Capsules Intensive Treatment for Face & Throat, 7-piece
New Eight Hour Skin Protectant Fragrance Free, 30 mL
Bronzing Powder Duo in Bronze Beauty with Brush, 2.8 g
Ceramide Ultra Lipstick in Pink Bloom, 3.5 g
Ceramide Lash Extending Treatment Mascara in Black, 2.7 g
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